

## Coaches:

- Joe Bennett, Head Coach
- Kathleen Carhart, Asst Coach
- Eric Graber, Asst Coach
- Ed Menis, Asst Coach
- Verrol Jackson, Asst Coach

| DATE         | WEEK<br>DAY | ТҮРЕ   | OPPONENTS  | START<br>TIME | END<br>TIME | LOCATION                                       | TRANSPORTATION  | LEAGUE<br>/ NON-<br>LEAGUE |
|--------------|-------------|--|--|---------------|-------------|--|---|----------------------------|
| May 5, 2021  | Wed         | Regular Season<br>61-76 L                              | Albany High<br>School  | 4:30<br>PM    | 7:10<br>PM  | Larry<br>Mulvaney<br>Field                     |   | L                          |
| May 12, 2021 | Wed         | Regular Season   | @ Shenendehowa<br>High School  | 4:30<br>PM    | 7:10<br>PM  | Shen High<br>School East<br>Stadium<br>(Track) | Departure Point:<br>SHS<br>Departure Time:<br>3:00 PM | L                          |
| May 15, 2021 | Sat         | Regular Season<br>(Schenectady/Niskayuna<br>Mini Meet) | Saratoga Springs<br>High School,<br>Ballston Spa High<br>School, Niskayuna<br>High School,<br>Burnt Hills-<br>Ballston Lake HS,<br>Bethlehem High<br>School  | 8:45<br>AM    | 12:00<br>PM | Larry<br>Mulvaney<br>Field                     |   | L                          |
| May 19, 2021 | Wed         | Regular Season<br>35-105 L                             | @ Averill Park<br>High School  | 4:30<br>PM    | 7:10<br>PM  | APHS Track                                     | Departure Point:<br>SHS<br>Departure Time:<br>3:00 PM | L                          |
| May 22, 2021 | Sat         | Regular Season<br>(Colonie Relay)                      | Academy of Holy Names, Albany High School, Averill Park High School, Ballston Spa High School, Bethlehem High School, Burnt Hills-Ballston Lake HS, Columbia High School, Guilderland High School, Niskayuna High School, Saratoga Springs High School, Shaker High School, Shenendehowa High School @ Colonie High School | 9:00<br>AM    |             | Colonie<br>High Track                          | Departure Point:<br>SHS<br>Departure Time:<br>7:30 AM | L                          |
| May 25, 2021 | Tue         | Regular Season   | Troy   | 4:30<br>PM    | 7:10<br>PM  | Larry<br>Mulvaney<br>Field                     |   | L                          |
| May 28, 2021 | Fri         | Meet (SSC Showcase)                                    | Vs. Multiple   | 4:00<br>PM    | 10:00<br>PM | Shen High<br>School East<br>Stadium<br>(Track) | Departure Point:<br>SHS<br>Departure Time:<br>2:30 PM | NL                         |
| Jun 2, 2021  | Wed         | Regular Season   | @ Burnt Hills-<br>Ballston Lake HS   | 4:30<br>PM    | 7:10<br>PM  | BH-BL HS<br>Track                              | Departure Point:<br>SHS<br>Departure Time:<br>3:00 PM | L                          |

| DATE        | WEEK | TYPE                                | OPPONENTS  | START<br>TIME | END<br>TIME | LOCATION                                       | TRANSPORTATION  | LEAGUE<br>/ NON-<br>LEAGUE |
|-------------|------|-------------------------------------|--|---------------|-------------|--|---|----------------------------|
| Jun 7, 2021 | Mon  | Post-Season (GROUP 1<br>SECTIONALS) | Shaker High<br>School, Colonie<br>High School,<br>Saratoga Springs<br>High School @<br>Shenendehowa<br>High School | 6:00<br>PM    |             | Shen High<br>School East<br>Stadium<br>(Track) | Departure Point:<br>SHS<br>Departure Time:<br>3:00 PM | L                          |
| Jun 9, 2021 | Wed  | Post-Season (GROUP 1<br>SECTIONALS) | Shaker High<br>School, Saratoga<br>Springs High<br>School @<br>Shenendehowa<br>High School                         | 4:00<br>PM    |             | Shen High<br>School East<br>Stadium<br>(Track) | Departure Point:<br>SHS<br>Departure Time:<br>2:30 PM | L                          |

Date: 2024-04-10