



Schenectady High School

(G) V Outdoor Track (Girls Varsity Track)

Coaches:

- Joe Bennett, Head Coach
- Kathleen Carhart, Asst Coach
- Eric Graber, Asst Coach
- Ed Menis, Asst Coach
- Verrol Jackson, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 9, 2024	Tue	Regular Season	@ Shenendehowa High School	4:15 PM	6:55 PM	Shen High School East Stadium (Track)	Departure Point: SHS Departure Time: 3:00 PM	L
Apr 13, 2024	Sat	Regular Season	@ LaSalle Institute	9:00 AM		LaSalle Institute HS	Departure Point: SHS Departure Time: 7:30 AM	L
Apr 19, 2024	Fri	Regular Season (Medley Relay Challenge)	Burnt Hills-Ballston Lake HS, Troy, Ballston Spa High School @ Niskayuna High School	4:30 PM		High School		NL
Apr 20, 2024	Sat	Regular Season (Spring Track and Field Classic)	Burnt Hills-Ballston Lake HS, Troy, Colonie High School, Ballston Spa High School, Albany High School, Amsterdam @ Niskayuna High School	9:30 AM		High School		L
Apr 23, 2024	Tue	Regular Season	Albany High School @ Ballston Spa High School	4:15 PM	6:55 PM	Ballston Spa Track	Departure Point: SHS Departure Time: 3:00 PM	L
Apr 26, 2024	Fri	Regular Season	@ Sauquoit Valley	4:30 PM		Stadium Field	Departure Point: SHS Departure Time: 12:30 PM	L
May 4, 2024	Sat	Regular Season (Colonie Relays)	Burnt Hills-Ballston Lake HS, Ballston Spa High School, Shaker High School @ Colonie High School	TBD		Schenectady HS - Larry Mulvaney Field		L
May 7, 2024	Tue	Regular Season	Averill Park High School @ Burnt Hills-Ballston Lake HS	4:15 PM	6:55 PM	BH-BL HS Track	Departure Point: SHS Departure Time: 3:00 PM	L
May 10, 2024	Fri	Regular Season (The Futures)	@ Mohonasen	4:00 PM		Mohonasen HS	Departure Point: SHS Departure Time: 2:45 PM	L
May 10, 2024	Fri	Regular Season	Niskayuna High School, Burnt Hills-Ballston Lake HS, Troy, Ballston Spa High School, Bethlehem High School, Shaker High School, Albany High School @ Shenendehowa High School	4:00 PM		Shen High School East Stadium (Track)		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 14, 2024	Tue	Regular Season (Suburban Council Girl's Championships)	Albany High School, Shenendehowa High School, Niskayuna High School, Averill Park High School, Burnt Hills-Ballston Lake HS, Shaker High School, Saratoga Springs High School, Colonie High School, Troy, Bethlehem High School, Columbia High School, Ballston Spa High School, Guilderland High School @ TBD	4:15 PM	7:30 PM	APHS Track	Departure Point: SHS Departure Time: 2:45 PM	L

Date: 2024-04-19