



# Schenectady High School

## (G) V Outdoor Track (Girls Varsity Track)

### Coaches:

- Joe Bennett, Head Coach
- Kathleen Carhart, Asst Coach
- Eric Graber, Asst Coach
- Ed Menis, Asst Coach
- Verrol Jackson, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 9, 2024	Tue	Regular Season	@ Shenendehowa High School	4:15 PM	6:55 PM	Shen High School East Stadium (Track)	<b>Departure Point:</b> SHS <b>Departure Time:</b> 3:00 PM	L
Apr 13, 2024	Sat	Regular Season	@ LaSalle Institute	9:00 AM		LaSalle Institute HS	<b>Departure Point:</b> SHS <b>Departure Time:</b> 7:30 AM	L
Apr 16, 2024	Tue	Regular Season	Columbia High School	4:15 PM	6:55 PM	Larry Mulvaney Field		L
Apr 19, 2024	Fri	Regular Season (Medley Relay Challenge)	Burnt Hills-Ballston Lake HS, Troy, Ballston Spa High School @ Niskayuna High School	4:30 PM		High School		NL
Apr 20, 2024	Sat	Regular Season (Spring Track and Field Classic)	Burnt Hills-Ballston Lake HS, Troy, Colonie High School, Ballston Spa High School, Albany High School, Amsterdam @ Niskayuna High School	9:30 AM		High School		L
Apr 23, 2024	Tue	Regular Season 56-120-31 L	Albany High School @ Ballston Spa High School	4:15 PM	6:55 PM	Ballston Spa Track	<b>Departure Point:</b> SHS <b>Departure Time:</b> 3:00 PM	L
Apr 26, 2024	Fri	Regular Season	@ Sauquoit Valley	4:30 PM		Stadium Field	<b>Departure Point:</b> SHS <b>Departure Time:</b> 12:30 PM	L
Apr 30, 2024	Tue	Regular Season	Troy	4:15 PM	6:55 PM	Larry Mulvaney Field		L
May 4, 2024	Sat	Regular Season (Colonie Relays)	Burnt Hills-Ballston Lake HS, Ballston Spa High School, Shaker High School, Saratoga Springs High School, Albany High School, Cairo-Durham @ Colonie High School	TBD		Colonie High Track		L
May 7, 2024	Tue	Regular Season	Averill Park High School @ Burnt Hills-Ballston Lake HS	4:15 PM	6:55 PM	BH-BL HS Track	<b>Departure Point:</b> SHS <b>Departure Time:</b> 3:00 PM	L
May 10, 2024	Fri	Regular Season (The Futures)	@ Mohonasen	4:00 PM		Mohonasen HS	<b>Departure Point:</b> SHS <b>Departure Time:</b> 2:45 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 10, 2024	Fri	Regular Season	Niskayuna High School, Burnt Hills-Ballston Lake HS, Troy, Ballston Spa High School, Bethlehem High School, Shaker High School, Albany High School @ Shenendehowa High School	4:00 PM		Shen High School East Stadium (Track)		L
May 14, 2024	Tue	Regular Season (Suburban Council Girl's Championships)	Albany High School, Shenendehowa High School, Niskayuna High School, Averill Park High School, Burnt Hills-Ballston Lake HS, Shaker High School, Saratoga Springs High School, Colonie High School, Troy, Bethlehem High School, Columbia High School, Ballston Spa High School, Guilderland High School @ TBD	4:15 PM	7:30 PM	APHS Track	<b>Departure Point:</b> SHS <b>Departure Time:</b> 2:45 PM	L
May 18, 2024	Sat	Regular Season (Eddy Meet)	Burnt Hills-Ballston Lake HS, Ballston Spa High School, Shaker High School	9:00 AM		Larry Mulvaney Field		L
May 18, 2024	Sat	Regular Season (Eddy Meet Invite)	Scotia-Glenville	TBD		Larry Mulvaney Field		L

Date: 2024-04-30