



Schenectady High School

(B) V Outdoor Track (Boys Varsity Track)

Coaches:

- Ed Menis, Asst Coach
- Kathleen Carhart, Asst Coach
- Eric Graber, Asst Coach
- Verrol Jackson, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 9, 2025	Wed	Regular Season	@ Niskayuna High School	4:15 PM	6:55 PM	NHS Track	Departure Point: SHS Departure Time: 3:15 PM	L
Apr 11, 2025	Fri	Regular Season (Medley Relay Challenge)	Burnt Hills-Ballston Lake HS, Colonie High School, Shaker High School @ Niskayuna High School	4:30 PM	10:00 PM	NHS Track		NL
POSTPONED Apr 12, 2025	Sat	Regular Season (Spring Invitational)	Burnt Hills-Ballston Lake HS, Albany High School, Colonie High School, Amsterdam, Ballston Spa High School, Watervliet @ Niskayuna High School	10:00 AM	5:00 PM	NHS Track		NL
Apr 23, 2025	Wed	Regular Season	Shaker High School @ Christian Brothers Academy, Albany	4:15 PM	6:55 PM	Puleo Stadium Field	Departure Point: SHS Departure Time: 3:00 PM	L
Apr 26, 2025	Sat	Regular Season	@ Cohoes	9:00 AM		Cohoes HS	Departure Point: SHS Departure Time: 8:00 AM	L
Apr 29, 2025	Tue	Regular Season	Albany High School	4:15 PM	6:55 PM	Larry Mulvaney Field		L
May 2, 2025	Fri	Regular Season	@ Watervliet	4:30 PM		Jim Hayes Cannoneer Field	Departure Point: SHS Departure Time: 3:00 PM	NL
May 3, 2025	Sat	Regular Season (Colonie Relays)	Christian Brothers Academy, Albany, Ballston Spa High School, Albany High School, Greenville, Saratoga Springs High School, Saratoga Springs High School, Cooperstown, Shaker High School @ Colonie High School	TBD		Colonie High Track		L
May 7, 2025	Wed	Regular Season	@ Saratoga Springs High School	4:15 PM	6:55 PM	Saratoga Springs High School	Departure Point: SHS Departure Time: 2:45 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 9, 2025	Fri	Regular Season (Shen Invy)	Christian Brothers Academy, Albany, Scotia-Glenville, Ballston Spa High School, Colonie High School, Albany High School, Niskayuna High School, Burnt Hills-Ballston Lake HS, Shaker High School @ Shenendehowa High School	4:00 PM		Shen High School East Stadium (Track)		L
May 9, 2025	Fri	Regular Season	@ Mohonasen	4:30 PM		Mohonasen HS	Departure Point: SHS Departure Time: 3:00 PM	NL
May 12, 2025	Mon	Regular Season	Shenendehowa High School, Colonie High School	4:15 PM	6:55 PM	Larry Mulvaney Field		L
May 17, 2025	Sat	Regular Season (Eddy Meet)	Christian Brothers Academy, Albany, Shenendehowa High School, Shaker High School, Burnt Hills-Ballston Lake HS, Amsterdam, Ballston Spa High School	8:00 AM	7:55 PM	Schenectady High School Track & Field		NL
May 21, 2025	Wed	Meet (SSC Championships)	Vs. Multiple	4:30 PM	7:55 PM	Mont Pleasant Middle School Field		NL

Date: 2025-12-05