



# Schenectady High School

## (B) V Outdoor Track (Boys Varsity Track)

### Coaches:

- Ed Menis, Asst Coach
- Kathleen Carhart, Asst Coach
- Eric Graber, Asst Coach
- Verrol Jackson, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE
Apr 5, 2023	Wed	Regular Season	Shenendehowa High School	4:15 PM	6:55 PM	Larry Mulvaney Field	L
Apr 8, 2023	Sat	Regular Season (LaSalle Invitational)	@ LaSalle Institute	9:00 AM		TBD	<b>Departure Point:</b> SHS <b>Departure Time:</b> 7:30 AM L
Apr 19, 2023	Wed	Regular Season	@ Columbia High School	4:15 PM	6:55 PM	Columbia H.S.	L
Apr 21, 2023	Fri	Regular Season (Niskayuna Medley Relay Challenge)	Shaker High School, Burnt Hills-Ballston Lake HS, Colonie High School, Averill Park High School @ Niskayuna High School	4:30 PM		Mohonasen High School	NL
Apr 22, 2023	Sat	Regular Season (Warrior Track Classic)	Shaker High School, Colonie High School, Amsterdam, Burnt Hills-Ballston Lake HS @ Niskayuna High School	9:15 AM		Mohonasen High School	NL
Apr 26, 2023	Wed	Regular Season	Ballston Spa High School, Albany High School	4:15 PM	6:55 PM	Larry Mulvaney Field	L
May 3, 2023	Wed	Regular Season	@ Troy	4:15 PM	6:55 PM	Track	L
May 9, 2023	Tue	Regular Season	Burnt Hills-Ballston Lake HS @ Averill Park High School	4:15 PM	6:55 PM	APHS Track	L
May 12, 2023	Fri	Regular Season (SHEN INVY)	Guilderland High School, Shaker High School, Burnt Hills-Ballston Lake HS, Colonie High School, 4:00 Albany High School, PM Niskayuna High School @ Shenendehowa High School	4:00 PM	10:00 PM	Shen High School East Stadium (Track)	L
May 16, 2023	Tue	Meet (SSC Championships)	Vs. Multiple	4:00 PM	7:55 PM	Saratoga Springs High School	NL
May 18, 2023	Thu	Meet (SSC JV Championships (Troy HS))	Vs. Multiple	4:00 PM	7:55 PM	Track	NL
May 20, 2023	Sat	Regular Season (Eddy Meet)	Guilderland High School, Saratoga Springs High School, 9:00 AM Shenendehowa High School, Niskayuna High School			Larry Mulvaney Field	L
May 24, 2023	Wed	Regular Season (Sectionals)	TBD	4:00 PM		TBD	<b>Departure Point:</b> SHS <b>Departure Time:</b> 2:00 PM L

Date: 2026-01-20