

Coaches:

- Joe Bennett, Head Coach
- Ed Menis, Asst Coach
- Kathleen Carhart, Asst Coach
- Eric Graber, Asst Coach
- Verrol Jackson, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
POSTPONED Apr 1, 2020	Wed	Regular Season	@ Saratoga Springs High School	4:15 PM	6:55 PM	Saratoga Springs High School	Departure Time: 2:30 PM	L
POSTPONED Apr 8, 2020	Wed	Regular Season	Columbia High School	4:15 PM	6:55 PM	Larry Mulvaney Field		L
POSTPONED Apr 11, 2020	Sat	Meet (CBA/LaSAlle Relays at LaSalle)	Vs. Multiple	9:00 AM		LaSalle Institute HS	Departure Time: 7:00 AM	NL
POSTPONED Apr 17, 2020	Fri	Meet (Niskayuna Relays)	Vs. Multiple	4:00 PM		Larry Mulvaney Field		NL
CANCELLED Apr 18, 2020	Sat	Meet (Niskayuna Warrior Classic)	Vs. Multiple	9:00 AM		Larry Mulvaney Field		NL
POSTPONED Apr 22, 2020	Wed	Regular Season	Ballston Spa High School @ Albany High School	4:15 PM	6:55 PM	Albany High Bowl Field	Departure Time: 2:30 PM	L
POSTPONED Apr 25, 2020	Sat	Regular Season (Cohoes Relays)	@ Cohoes	TBD		Cohoes HS	Departure Time: 7:00 AM	L
POSTPONED Apr 29, 2020	Wed	Regular Season	Troy	4:15 PM	6:55 PM	Larry Mulvaney Field		L
POSTPONED May 2, 2020	Sat	Regular Season (Colonie Relays)	Burnt Hills-Ballston Lake HS, Ballston Spa High School, Shenendehowa High School @ Colonie High School	9:00 AM		Colonie High Track	Departure Time: 7:00 AM	L
CANCELLED May 5, 2020	Tue	Regular Season	Averill Park High School @ Burnt Hills-Ballston Lake HS	4:15 PM	6:55 PM	BH-BL HS Track	Departure Time: 2:30 PM	L
POSTPONED May 8, 2020	Fri	Meet (Shen Invy)	Vs. Multiple	4:00 PM		TBD	Departure Time: 2:30 PM	NL
POSTPONED May 8, 2020	Fri	Meet (Mohonasen Futures Meet (freshman/sophmore))	Vs. Multiple	4:00 PM		TBD	Departure Time: 2:30 PM	NL
CANCELLED May 16, 2020	Sat	Meet (Eddy Meet)	Vs. Multiple	9:00 AM		Larry Mulvaney Field		NL
CANCELLED May 16, 2020		Regular Season (Eddy Meet)	Green Tech High Charter School	9:00 AM		Larry Mulvaney Field		L
CANCELLED May 19, 2020		Meet (SSC Championships)	Vs. Multiple	4:15 PM	8:55 PM	Track	Departure Time: 2:30 PM	NL
CANCELLED May 22, 2020		Meet (SSC JV Championships)	Vs. Multiple	4:15 PM	8:55 PM	Track	Departure Time: 2:30 PM	NL
CANCELLED May 27, 2020	Wed	Regular Season (Sectionals)	@ TBD	4:00 PM		Colonie High Track	Departure Time: 2:30 PM	L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START END TIME TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
CANCELLED Jun 4, 2020	Thu	Meet (State Qualifier)	Vs. Multiple	4:00 PM	Shen High School East Stadium (Track)	Departure Time: 2:30 PM	NL
CANCELLED Jun 5, 2020	Fri	Meet (State Qualifier)	Vs. Multiple	4:00 PM	Shen High School East Stadium (Track)		NL
CANCELLED Jun 12, 2020	Fri	Meet (State Championship)	Vs. Multiple	TBD	CNS HS- Main Gym		NL
CANCELLED Jun 13, 2020	Sat	Meet (State Championship)	Vs. Multiple	TBD	CNS HS- Main Gym		NL

Date: 2024-05-16