



Schenectady High School

(B) V Outdoor Track (Boys Varsity Track)

Coaches:

- Joe Bennett, Head Coach
- Ed Menis, Asst Coach
- Kathleen Carhart, Asst Coach
- Eric Graber, Asst Coach
- Verrol Jackson, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 9, 2024	Tue	Regular Season	@ Shenendehowa High School	4:15 PM	6:55 PM	Shen High School East Stadium (Track)	Departure Point: SHS Departure Time: 3:00 PM	L
Apr 13, 2024	Sat	Regular Season	@ LaSalle Institute	9:00 AM		LaSalle Institute HS	Departure Time: 7:30 AM	L
Apr 19, 2024	Fri	Regular Season (Medley Relay Challenge)	Colonie High School, Christian Brothers Academy, Albany @ Niskayuna High School	4:30 PM		High School		NL
Apr 20, 2024	Sat	Regular Season (Spring Track and Field Classic)	Ravena-Coeymans, Christian Brothers Academy, Albany, Burnt Hills-Ballston Lake HS, Colonie High School, Ballston Spa High School, Amsterdam, Albany High School, Whitesboro @ Niskayuna High School	9:30 AM		High School		L
Apr 23, 2024	Tue	Regular Season	Albany High School @ Ballston Spa High School	4:15 PM	6:55 PM	Ballston Spa Track	Departure Point: SHS Departure Time: 3:00 PM	L
Apr 26, 2024	Fri	Regular Season	@ Sauquoit Valley	4:30 PM		Stadium Field	Departure Point: SHS Departure Time: 12:30 PM	L
May 4, 2024	Sat	Regular Season (Colonie Relays)	Christian Brothers Academy, Albany, Ballston Spa High School, Shaker High School, Saratoga Springs High School, Albany High School, Cairo-Durham @ Colonie High School	TBD		Colonie High Track		L
May 7, 2024	Tue	Regular Season	Averill Park High School @ Burnt Hills-Ballston Lake HS	4:15 PM	6:55 PM	BH-BL HS Track	Departure Point: SHS Departure Time: 3:00 PM	L
May 10, 2024	Fri	Regular Season (The Futures)	@ Mohonasen	4:00 PM		Mohonasen HS	Departure Point: SHS Departure Time: 2:45 PM	L

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May 10, 2024	Fri	Regular Season	Christian Brothers Academy, Albany, Niskayuna High School, Burnt Hills-Ballston Lake HS, Ballston Spa High School, Bethlehem High School, Shaker High School, Albany High School, Colonie High School @ Shenendehowa High School	4:00 PM		Shen High School East Stadium (Track)		L
May 15, 2024	Wed	Regular Season (Suburban Council boy's Championships)	Shenendehowa High School, Averill Park High School, Burnt Hills-Ballston Lake HS, Christian Brothers Academy, Albany, Shaker High School, Saratoga Springs High School, Colonie High School, Albany High School, Troy, Bethlehem High School, Columbia High School, Ballston Spa High School, Guilderland High School @ Niskayuna High School	4:15 PM	7:00 PM	High School	Departure Point: SHS Departure Time: 2:45 PM	L
May 18, 2024	Sat	Regular Season (William F. Eddy Track and Field Meet)	@ Maple Hill	9:00 AM		Schenectady High Track & Field		NL

Date: 2024-05-03