

Coaches:

- Keith Pollizatto, Head Coach
- Delaney Kendrick, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Mar 13, 2023	Mon	Practice (Varsity/JV Girls Lacrosse Practice)		3:45 PM	5:45 PM	Larry Mulvaney Field		
Mar 14, 2023	Tue	Practice (Varsity/JV Girls Lacrosse Practice)		3:45 PM	5:45 PM	Larry Mulvaney Field		
Mar 15, 2023	Wed	Practice (Varsity/JV Girls Lacrosse Practice)		3:45 PM	5:45 PM	Larry Mulvaney Field		
Mar 16, 2023	Thu	Practice (Varsity/JV Girls Lacrosse Practice)		3:45 PM	5:45 PM	Larry Mulvaney Field		
Mar 17, 2023	Fri	Practice (Varsity/JV Girls Lacrosse Practice)	N/A	3:45 PM	5:45 PM	Larry Mulvaney Field		
Mar 18, 2023	Sat	Practice	N/A	9:30 AM	11:30 AM	Larry Mulvaney Field		
Mar 20, 2023	Mon	Practice (Varsity/JV Girls Lacrosse Practice)		3:45 PM	5:45 PM	Larry Mulvaney Field		
Mar 21, 2023	Tue	Practice (Varsity/JV Girls Lacrosse Practice)		3:45 PM	5:45 PM	Larry Mulvaney Field		
Mar 22, 2023	Wed	Practice (Varsity/JV Girls Lacrosse Practice)		3:45 PM	5:45 PM	Larry Mulvaney Field		
Mar 23, 2023	Thu	Practice (Varsity/JV Girls Lacrosse Practice)		3:45 PM	5:45 PM	Larry Mulvaney Field		
Mar 24, 2023	Fri	Practice (Varsity/JV Girls Lacrosse Practice)	N/A	3:45 PM	5:45 PM	Larry Mulvaney Field		
Mar 25, 2023	Sat	Practice	N/A	9:30 AM	11:30 AM	Larry Mulvaney Field		
Mar 27, 2023	Mon	Scrimmage	Averill Park High School	4:30 PM		Larry Mulvaney Field		NL
Mar 30, 2023	Thu	Regular Season	@ Albany High School	5:00 PM		Albany Turf Stadium Field	Departure Point: SHS Departure Time: 3:45 PM	NL
Apr 1, 2023	Sat	Practice	N/A	9:30 AM	11:30 AM	Larry Mulvaney Field		
Apr 3, 2023	Mon	Regular Season 8-6 W	@ Ichabod Crane	4:30 PM		Ichabod Crane HS	Departure Point: SHS Departure Time: 2:45 PM	NL
Apr 6, 2023	Thu	Regular Season 4-14 L	Cohoes	6:00 PM		Larry Mulvaney Field		NL
Apr 8, 2023	Sat	Practice	N/A	10:00 AM	12:00 PM	Larry Mulvaney Field		
Apr 12, 2023	Wed	Practice	N/A	10:00 AM	12:00 PM	Larry Mulvaney Field		
Apr 13, 2023	Thu	Practice	N/A	10:00 AM	12:00 PM	Larry Mulvaney Field		
Apr 14, 2023	Fri	Practice	N/A	10:00 AM	12:00 PM	Larry Mulvaney Field		
Apr 18, 2023	Tue	Regular Season 14-11 W	@ Catholic Central, Troy	4:30 PM		Catholic Central HS	Departure Point: SHS Departure Time: 3:00 PM	L

	WEEK	:		START	END			LEAGUE
DATE	DAY	TYPE	OPPONENTS	TIME	TIME	LOCATION	TRANSPORTATION	/ NON- LEAGUE
Apr 20, 2023	Thu	Regular Season 4-19 L	@ Scotia- Glenville	4:30 PM		Scotia Glenville High School		L
Apr 21, 2023	Fri	Regular Season 2-14 L	@ Albany Academies	4:30 PM		Albany Academies	Departure Point: SHS Departure Time: 3:00 PM	L
Apr 25, 2023	Tue	Regular Season 8-13 L	@ Academy of Holy Names	4:30 PM		Academy of Holy Names	Departure Point: SHS Departure Time: 3:00 PM	L
Apr 26, 2023	Wed	Regular Season 8-9 L	Emma Willard	6:00 PM		Mohonasen High School		L
Apr 28, 2023	Fri	Regular Season 6-10 L	LaSalle Institute	4:30 PM		Larry Mulvaney Field		L
Apr 29, 2023	Sat	Practice	N/A	9:30 AM	11:30 AM	Larry Mulvaney Field		
May 1, 2023	Mon	Regular Season 8-4 W	Ichabod Crane	6:00 PM		Larry Mulvaney Field		NL
May 4, 2023	Thu	Regular Season 6-10 L	Albany High School	4:30 PM		Larry Mulvaney Field		NL
May 5, 2023	Fri	Regular Season 1-14 L	Voorheesville	4:30 PM		Larry Mulvaney Field		L
May 8, 2023	Mon	Regular Season 8-11 L	@ Johnstown	4:30 PM		Knox Junior Field	Departure Point: SHS Departure Time: 2:45 PM	NL
May 9, 2023	Tue	Regular Season 5-15 L	Cohoes	4:30 PM		Larry Mulvaney Field		L
May 11, 2023	Thu	Regular Season	@ Hoosick Falls	4:30 PM		George Helft Soccer Complex	Departure Point: SHS Departure Time: 2:45 PM	L

Date: 2024-04-10