



Schenectady High School

(G) V Cross Country

Coaches:

- Richard DeCarr

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 3, 2022	Sat	Regular Season (Ekiden)	Schuylerville, Shaker High School, Queensbury, Rome Free Academy @ Niskayuna High School	9:30 AM	1:00 PM	Iroquois Middle School		L
Sep 6, 2022	Tue	Regular Season 50-22-15-15 L	Columbia High School, Guilderland High School, Albany High School	4:30 PM	5:55 PM	Iroquois Middle School, Niskayuna	Departure Point: SHS Departure Time: 3:00 PM	L
Sep 10, 2022	Sat	Regular Season	@ Voorheesville	9:00 AM		Wallace Park	Departure Point: SHS Departure Time: 7:00 AM	NL
Sep 14, 2022	Wed	Regular Season	Averill Park High School @ Saratoga Springs High School	4:15 PM	5:55 PM	The Crossings of Colonie	Departure Point: SHS Departure Time: 3:00 PM	L
Sep 17, 2022	Sat	Regular Season (Queensbury Invitational)	Monroe-Woodbury, Ballston Spa High School, Schuylerville, Niskayuna High School, South Glens Falls, Saratoga Springs High School, Coxsackie-Athens, Glens Falls, Granville (Granville-Whitehall-Hartford), Shaker High School, Roy C Ketcham/ Wappingers JHS, Remsen, Amsterdam, John Jay HS/ Van Wyck JHS, Colonie High School, Our Lady of Lourdes, Albany High School, Maple Hill, Chatham @ Queensbury	9:00 AM		Queensbury HS, Trails @ Elem. School		NL
Sep 20, 2022	Tue	Regular Season	Troy @ Ballston Spa High School	4:15 PM	5:55 PM	Saratoga State Park	Departure Point: SHS Departure Time: 3:00 PM	L
Sep 27, 2022	Tue	Regular Season	Niskayuna High School, Shenendehowa High School @ Burnt Hills-Ballston Lake HS	4:15 PM	5:55 PM	Saratoga Spa State Park	Departure Point: SHS Departure Time: 3:00 PM	L
Oct 1, 2022	Sat	Regular Season (Grout Run Invitational)	Schuylerville, Shaker High School	9:00 AM		Central Park		NL
Oct 8, 2022	Sat	Regular Season (Manhattan Invitational)	@ TBD	9:00 AM		Manhattan College	Departure Point: SHS Departure Time: 5:00 AM	NL
Oct 11, 2022	Tue	Regular Season	Bethlehem High School, Shaker High School, Colonie High School	4:30 PM	5:55 PM	Iroquois Middle School, Niskayuna	Departure Point: SHS Departure Time: 3:00 PM	L

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Oct 15, 2022	Sat	Regular Season (Burnt Hills Invy)	Niskayuna High School, South Glens Falls, Oneonta, Saratoga Springs High School, Granville (Granville-Whitehall- Hartford), Shaker High School, Schuylerville, Guilderland High School, Ballston Spa High School, Queensbury, Colonie High School, Albany High School, Shenendehowa High School @ Burnt Hills- Ballston Lake HS	9:00 AM		Saratoga Spa State Park	Departure Point: SHS Departure Time: 7:00 AM	L
Oct 29, 2022	Sat	Meet (SSC Championships)	Vs. Multiple	1:00 PM	3:55 PM	Saratoga Spa State Park		NL

Date: 2025-12-19