

## Coaches:

Richard DeCarr

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 4, 2021	Sat	Regular Season	Albany High School, Amsterdam, Colonie High School, Columbia High School, Amherst, Canajoharie, Shaker High School, Averill Park High School, Shenendehowa High School, Academy of Holy Names, Voorheesville, Ballston Spa High School, Rome Free Academy, Queensbury, Burnt Hills-Ballston Lake HS @ Niskayuna High School	9:30 AM		Iroquois Middle School		NL
Sep 11, 2021	Sat	Regular Season (Blackbird Invitational)	@ Voorheesville	9:15 AM		TBD	Departure Point: SHS Departure Time: 7:00 AM Return Date: Return Time: 12:30 PM	NL
Sep 14, 2021	Tue	Regular Season	Guilderland High School, Albany High School @ Columbia High School		5:55 PM	Cross Country B&G - Schodack Island State Park	Departure Point: SHS Departure Time: 3:00 PM	L
Sep 18, 2021	Sat	Regular Season (17th Annual Queensbury- Adirondack Cross Country Classic Invitational)	Schuylerville, South Glens Falls, Niskayuna High School, Bethlehem High School, Shenendehowa High School, Ballston Spa High School, Greenville, Albany High School, Hadley-Luzerne (Corinth/Hadley Luzerne), Shaker High School, Glens Falls, Saratoga Springs High School, Burnt Hills- Ballston Lake HS @ Queensbury	AW		Queensbury HS, Trails @ Elem. School		NL
Sep 21, 2021	Tue	Regular Season	Saratoga Springs High School @ Averill Park High School	4:15 PM	5:55 PM	Schodack Island State Park	Departure Point: SHS Departure Time: 3:00 PM	L

DATE	WEEK DAY	<sup>(</sup> ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 28, 2021	Tue	Regular Season	Ballston Spa High School, Troy	4:15 PM	5:55 PM	Iroquois Middle School, Niskayuna	Departure Point: SHS Departure Time: 3:00 PM	L
Oct 2, 2021	Sat	Regular Season (Grout Run Invitational)	Johnstown, Queensbury, Albany High School, Shaker High School, Troy, Greenville	9:00 AM		Central Park		L
Oct 5, 2021	Tue	Regular Season	Burnt Hills-Ballston Lake HS, Shenendehowa High School @ Niskayuna High School	4:15 PM	5:55 PM	Iroquois Middle School	Departure Point: SHS Departure Time: 3:00 PM	L
Oct 9, 2021	Sat	Regular Season (Manhattan College Invitational)	@ TBD	9:00 AM		Manhattan College	Departure Point: SHS Departure Time: 5:00 AM	L
Oct 12, 2021	Tue	Regular Season	Shaker High School, Colonie High School @ Bethlehem High School	4:15 PM		Elm Avenue Park	Departure Point: SHS Departure Time: 3:00 PM	L
Oct 16, 2021	Sat	Regular Season (Burnt Hills Invy)	South Glens Falls, Queensbury, Niskayuna High School, Ballston Spa High School, Hadley-Luzerne (Corinth/Hadley Luzerne), Greenville, Oneonta, New Hartford, Oriskany, Saratoga Springs High School, Shaker High School, Johnstown, Troy, Scotia- Glenville, North Warren, Chatham @ Burnt Hills- Ballston Lake HS	9:00 AM		Saratoga Spa State Park	Departure Point: SHS Departure Time: 7:15 AM	L
Oct 30, 2021	Sat	Meet (SSC Championships)	Vs. Multiple	1:30 PM	4:55 PM	Saratoga Spa State Park	Departure Point: SHS Departure Time: 11:00 AM	NL

Date: 2025-12-19