



Schenectady High School

(G) V Cross Country

Coaches:

- Richard DeCarr

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 21, 2020	Mon	Practice	N/A	4:00 PM	5:45 PM	Central Park		
Sep 22, 2020	Tue	Practice	N/A	4:00 PM	5:45 PM	Central Park		
Sep 23, 2020	Wed	Practice	N/A	4:00 PM	5:45 PM	Central Park		
Sep 24, 2020	Thu	Practice	N/A	4:00 PM	5:45 PM	Central Park		
Sep 25, 2020	Fri	Practice	N/A	4:00 PM	5:45 PM	Central Park		
Oct 3, 2020	Sat	Regular Season 50-15 L	@ Shaker High School	3:30 PM		The Crossings	Departure Point: SHS Departure Time: 12:30 PM	L
Oct 10, 2020	Sat	Regular Season 50-15 L	Colonie High School	9:00 AM	10:40 AM	Iroquois Middle School, Niskayuna	Departure Time: 8:30 AM	L
Oct 21, 2020	Wed	Regular Season	@ Columbia High School	5:30 PM	6:40 PM	Cross Country B&G - Schodack Island State Park	Departure Point: SHS Departure Time: 2:15 PM	L
Oct 24, 2020	Sat	Regular Season 39-18 L	Albany High School	9:00 AM	10:40 AM	Iroquois Middle School, Niskayuna	Departure Time: 8:30 AM	L
Oct 31, 2020	Sat	Regular Season	@ Averill Park High School	9:00 AM	10:40 AM	APHS Cross Country Course	Departure Point: SHS Departure Time: 7:30 AM	L
Nov 7, 2020	Sat	Regular Season 50-15 L	@ Ballston Spa High School	12:00 PM		Saratoga State Park	Departure Point: SHS Departure Time: 10:00 AM	L
Nov 14, 2020	Sat	Regular Season	Troy	9:00 AM	10:40 AM	Iroquois Middle School, Niskayuna	Departure Time: 8:30 AM	L
Nov 22, 2020	Sun	Meet (SSC Championships)	Vs. Multiple	8:00 AM	4:00 PM	Saratoga Spa State Park	Departure Point: SHS Departure Time: 6:45 AM	NL

Date: 2026-03-04