

## Coaches:

- Stephanie Grattan, Head Coach
- Erica Knolhoff, Asst Coach

| DATE                      | WEEK<br>DAY | TYPE                           | OPPONENTS                            | START<br>TIME | END<br>TIME | LOCATION                                     | TRANSPORTATION   | LEAGUE<br>/ NON-<br>LEAGUE |
|---------------------------|-------------|--------------------------------|--------------------------------------|---------------|-------------|--|--|----------------------------|
| Nov 30, 2022              | Wed         | Scrimmage                      | @ Troy                               | 5:00<br>PM    |             | High School                                  | Departure Point:<br>SHS<br>Departure Time:<br>4:00 PM  | NL                         |
| Dec 6, 2022               | Tue         | Regular Season<br>37-71 L      | @ Saratoga<br>Springs High<br>School | 7:00<br>PM    | 8:25<br>PM  | Saratoga Springs<br>High School              | Departure Point:<br>SHS<br>Departure Time:<br>4:00 PM  | L                          |
| Dec 13, 2022              | Tue         | Regular Season<br>25-61 L      | @ Guilderland<br>High School         | 6:00<br>PM    | 7:25<br>PM  | Guilderland High<br>School West (Big)<br>Gym | Departure Point:<br>SHS<br>Departure Time:<br>3:00 PM  | L                          |
| Dec 19, 2022              | Mon         | Regular Season<br>26-82 L      | Bethlehem High<br>School             | 6:00<br>PM    |             | Pat Riley Sports<br>Center- Main Gym         |  | L                          |
| Dec 20, 2022              | Tue         | Regular Season<br>13-70 L      | Shenendehowa<br>High School          | 6:00<br>PM    |             | Pat Riley Sports<br>Center- Main Gym         |  | L                          |
| POSTPONED Dec<br>21, 2022 | Wed         | Regular Season                 | @ Coxsackie-<br>Athens               | 6:30<br>PM    |             | Middle School Gym                            |  | NL                         |
| Dec 28, 2022              | Wed         | Practice                       | N/A                                  | 9:00<br>AM    | 11:00<br>AM | Pat Riley Sports<br>Center- Main Gym         |  |                            |
| Dec 29, 2022              | Thu         | Practice                       | N/A                                  | 9:00<br>AM    | 11:00<br>AM | Pat Riley Sports<br>Center- Main Gym         |  |                            |
| Jan 3, 2023               | Tue         | Regular Season                 | Mekeel Christian<br>Academy          | 4:30<br>PM    |             | Pat Riley Sports<br>Center- Main Gym         |  | L                          |
| Jan 7, 2023               | Sat         | Regular Season                 | @ Academy of Holy Names              | 1:00<br>PM    |             | HS Gym                                       | Departure Point:<br>SHS<br>Departure Time:<br>11:30 AM | L                          |
| Jan 10, 2023              | Tue         | Regular Season<br>42-67 L      | @ Ballston Spa<br>High School        | 5:30<br>PM    |             | Ballston Spa High<br>School Gym              | Departure Point:<br>SHS<br>Departure Time:<br>4:00 PM  | L                          |
| Jan 13, 2023              | Fri         | Regular Season<br>24-65 L      | @ Colonie High<br>School             | 7:00<br>PM    | 8:25<br>PM  | Colonie High School<br>MUG                   | Departure Point:<br>SHS<br>Departure Time:<br>4:00 PM  | L                          |
| Jan 14, 2023              | Sat         | Regular Season<br>(Tournament) | Greenwich                            | 1:30<br>PM    |             | Adirondack<br>Community College              | Departure Point:<br>SHS<br>Departure Time:<br>11:30 AM | L                          |
| Jan 15, 2023              | Sun         | Regular Season<br>(Tournament) | Whitehall                            | 1:30<br>PM    |             | Adirondack<br>Community College              | Departure Point:<br>SHS<br>Departure Time:<br>11:30 AM | L                          |
| Jan 17, 2023              | Tue         | Regular Season<br>30-38 L      | @ Troy                               | 6:00<br>PM    | 8:25<br>PM  | High School                                  | Departure Point:<br>SHS<br>Departure Time:<br>3:00 PM  | L                          |
| Jan 20, 2023              | Fri         | Regular Season<br>33-57 L      | @ Burnt Hills-<br>Ballston Lake HS   | 6:00<br>PM    |             | BH-BL HS Gym                                 | Departure Point:<br>SHS<br>Departure Time:<br>3:00 PM  | L                          |

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|---------------------------|-------------|---------------------------|----------------------------------|---------------|-------------|--------------------------------------|---|----------------------------|
| CANCELLED Jan<br>23, 2023 | Mon         | Regular Season            | Cambridge                        | 6:30<br>PM    |             | Pat Riley Sports<br>Center- Main Gym |   | NL                         |
| POSTPONED Jan<br>25, 2023 | Wed         | Regular Season            | @ Coxsackie-<br>Athens           | 6:30<br>PM    |             | Middle School Gym                    | Departure Point:<br>SHS<br>Departure Time:<br>3:15 PM | NL                         |
| Jan 27, 2023              | Fri         | Regular Season<br>33-72 L | Albany High<br>School            | 6:00<br>PM    |             | Pat Riley Sports<br>Center- Main Gym |   | L                          |
| Jan 31, 2023              | Tue         | Regular Season            | Niskayuna High<br>School         | 6:00<br>PM    |             | Pat Riley Sports<br>Center- Main Gym |   | L                          |
| Feb 1, 2023               | Wed         | Regular Season            | @ Mekeel<br>Christian<br>Academy | 6:00<br>PM    |             | Mekeel Christian<br>Academy          | Departure Point:<br>SHS<br>Departure Time:<br>4:45 PM | L                          |
| Feb 3, 2023               | Fri         | Regular Season<br>12-55 L | @ Averill Park<br>High School    | 6:00<br>PM    | 7:25<br>PM  | APHS Main<br>Gymnasium               | Departure Point:<br>SHS<br>Departure Time:<br>3:00 PM | L                          |
| Feb 6, 2023               | Mon         | Regular Season            | Cambridge                        | 6:30<br>PM    |             | Pat Riley Sports<br>Center- Main Gym |   | NL                         |
| Feb 7, 2023               | Tue         | Regular Season            | Shaker High<br>School            | 6:00<br>PM    |             | Pat Riley Sports<br>Center- Main Gym |   | L                          |
| Feb 10, 2023              | Fri         | Regular Season<br>37-56 L | Columbia High<br>School          | 6:00<br>PM    |             | Pat Riley Sports<br>Center- Main Gym |   | L                          |
| Feb 18, 2023              | Sat         | Regular Season<br>28-66 L | @ Shaker High<br>School          | 2:30<br>PM    |             | Shaker High School-<br>H Gym         |   | L                          |

Date: 2024-04-23