

Coaches:

- Jennifer Lee
- Ann Smith

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 2, 2022	Fri	Regular Season (Mohawk Valley Kickoff Meet)	@ TBD	4:30 PM		Utica College		L
Dec 11, 2022	Sun	Regular Season (Oscar Jensen Memorial)	@ TBD	9:00 AM	2:00 PM	SRC @ OCC		L
Dec 17, 2022	Sat	Regular Season (George Constantino Memorial)	@ TBD	TBD		SRC @ OCC		L
Dec 28, 2022	Wed	Regular Season (Westhill Indoor Track Invitational)	@ TBD	10:00 AM	2:00 PM	SRC @ OCC		NL
Jan 7, 2023	Sat	Regular Season (John Arcaro Memorial)	@ TBD	9:00 AM	2:00 PM	SRC @ OCC		L
Jan 9, 2023	Mon	Practice	N/A	4:00 PM		SRC @ OCC	Departure Time: 3:30 PM Return Date: Return Time: 6:00 PM	
Jan 14, 2023	Sat	Regular Season (Fred Kirschenheiter Memorial)	@ TBD	3:00 PM	7:00 PM	SRC @ OCC		L
Jan 21, 2023	Sat	Regular Season (Bob Grieve Memorial)	@ TBD	9:00 AM	2:00 PM	SRC @ OCC		L
Jan 23, 2023	Mon	Practice	N/A	4:00 PM		SRC @ OCC	Departure Time: 3:30 PM Return Date: Return Time: 6:00 PM	
Jan 30, 2023	Mon	Practice	N/A	4:00 PM		SRC @ OCC	Departure Time: 3:30 PM Return Date: Return Time: 6:00 PM	
Feb 2, 2023	Thu	Regular Season (SCAC League Championships)	@ TBD	4:30 PM	9:30 PM	SRC @ OCC		L
Feb 6, 2023	Mon	Practice	N/A	4:00 PM		SRC @ OCC	Departure Time: 3:30 PM Return Date: Return Time: 6:00 PM	
Feb 9, 2023	Thu	Post-Season (Class AA Championship)	@ TBD	4:30 PM	8:30 PM	SRC @ OCC		L
Feb 13, 2023	Mon	Practice	N/A	4:00 PM		SRC @ OCC	Departure Time: 3:30 PM Return Date: Return Time: 6:00 PM	
Feb 15, 2023	Wed	Post-Season (Section 3 State Qualifier)	@ TBD	4:30 PM	8:30 PM	SRC @ OCC		NL
Mar 4, 2023	Sat	Post-Season (NYS Championships. Ocean Breeze, Statin Island)	@ TBD	9:00 AM		TBD		NL

Date: 2024-05-18