

Coaches:

• Tom DePalma, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 12, 2025	Fri	Regular Season	Shenendehowa High School	4:15 PM	5:55 PM	CBA Dome		L
Dec 17, 2025	Wed	Regular Season	Colonie High School	4:15 PM	5:55 PM	CBA Dome		L
Dec 19, 2025	Fri	Regular Season	@ Lansingburgh	4:00 PM		Lansingburgh High School		L
Jan 7, 2026	Wed	Regular Season	@ Shaker High School	4:15 PM	5:55 PM	Shaker Middle School- old gym		L
Jan 14, 2026	Wed	Regular Season	Saratoga Springs High School	4:15 PM	5:55 PM	CBA Dome		L
Jan 21, 2026	Wed	Regular Season	@ Schenectady High School (Modified Wrestling)	4:15 PM	5:55 PM	Oneida Middle School Gym		L
Jan 23, 2026	Fri	Meet (SSC Play Day)	Vs. Multiple	4:15 PM	7:25 PM	Shaker High School- H Gym		NL
Jan 28, 2026	Wed	Regular Season	@ Albany High School	4:15 PM	5:55 PM	AHS Annex Gym		L
Feb 4, 2026	Wed	Meet (SSC Play Day)	Vs. Multiple	4:15 PM	7:25 PM	Goff Middle School		NL

Date: 2025-12-20