Coaches:

- Eric Martell, Head Coach
- Emily Cabot, Asst Coach

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|---------------------------|-------------|------------------------------|---|---------------|-------------|--------------------------------------|----------------|----------------------------|
| Nov 28, 2023 | Tue | Regular Season 84-40 W | Albany High School | 4:30 PM | | Troy HS Pool | | L |
| Dec 5, 2023 | Tue | Regular Season | @ Bethlehem High School | 4:30 PM | | High School | | L |
| Dec 12, 2023 | Tue | Regular Season 89-81 W | @ Burnt Hills-Ballston Lake HS | 4:30 PM | | BH-BL HS Pool | | L |
| Dec 19, 2023 | Tue | Regular Season | Niskayuna High School | 4:30 PM | | Troy HS Pool | | L |
| CANCELLED Jan 11, 2024 | Thu | Regular Season | @ Guilderland High School (Guilderville) | 4:30 PM | | Voorheesville High School Pool | | L |
| Jan 11, 2024 | Thu | Regular Season | @ Guilderland High School (Guilderville) | 4:30 PM | | Voorheesville High School Pool | | L |
| POSTPONED Jan 16, 2024 | Tue | Regular Season | @ Colonie High School (Schenectady-Colonie) | 4:30 PM | 5:55 PM | Pat Riley Sports Center | | L |
| Jan 23, 2024 | Tue | Regular Season | Colonie High School (Schenectady-Colonie) @ Schenectady High School (Schenectady/Colonie Boys Varsity Swimming) | 4:30 PM | | Pat Riley Sports Center- Pool | | L |
| Feb 1, 2024 | Thu | Regular Season | Shaker High School | 4:30 PM | | Troy HS Pool | | L |
| Feb 8, 2024 | Thu | Regular Season 52-39 W | Ballston Spa High School | 4:30 PM | | Troy HS Pool | | L |

Date: 2025-12-18