Coaches:

- Eric Martell, Head Coach
- Emily Cabot, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 6, 2022	Tue	Regular Season	Schenectady High School (Schenectady/Colonie Boys Varsity Swimming)	4:30 PM	5:55 PM	Troy HS Pool		L
Dec 13, 2022	Tue	Regular Season 78-90 L	@ Albany High School	4:30 PM	5:55 PM	Albany High School Pool		L
Jan 17, 2023	Tue	Regular Season 54-40 W	Guilderland High School (Guilderville)	4:30 PM	6:00 PM	Troy HS Pool		NL
Jan 24, 2023	Tue	Regular Season 75-105 L	@ Saratoga Springs High School	TBD		Skidmore		NL
Jan 31, 2023	Tue	Regular Season	Shaker High School	4:30 PM	6:00 PM	Troy HS Pool		NL
Feb 2, 2023	Thu	Regular Season 53-39 W	Ballston Spa High School	4:30 PM	6:00 PM	Troy HS Pool		L
Feb 3, 2023	Fri	Regular Season	@ Scotia-Glenville	4:30 PM		TBD		L
Feb 3, 2023	Fri	Regular Season	@ Burnt Hills-Ballston Lake HS	4:30 PM		BH-BL HS Pool		L
Feb 7, 2023	Tue	Regular Season	@ Niskayuna High School	TBD		Niskayuna High School		NL

Date: 2025-12-18