

Coaches:

• Aidan O'Malley, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 12, 2025	Sat	Regular Season (CBA/LaSalle Relays)	Colonie High School @ LaSalle Institute	8:30 AM		LaSalle Academy, Troy New York	Bus/Driver: No school transportation needed		L
POSTPONED Apr 12, 2025	Sat	Regular Season (CBA/LaSalle Relays)	@ LaSalle Institute	TBD		LaSalle Institute HS	Bus/Driver: No school transportation needed		L
Apr 24, 2025	Thu	Regular Season	Schenectady High School (Boys Modified Track), Shaker High School	4:15 PM	6:55 PM	Puleo Stadium Field			L
Apr 30, 2025	Wed	Regular Season	Saratoga Springs High School @ Colonie High School	5:00 PM	7:25 PM	Colonie High Track	Bus/Driver: Star & Strand and CBA #3	Departure Point: CBA Departure Time: 3:30 PM	L
May 8, 2025	Thu	Regular Season	Shenendehowa High School, Albany High School	4:15 PM	6:55 PM	Puleo Stadium Field			L
May 15, 2025	Thu	Regular Season	Ballston Spa High School, Averill Park High School @ Burnt Hills-Ballston Lake HS		6:55 PM	BH-BL HS Track	Bus/Driver: Star & Strand	Departure Point: CBA Departure Time: 2:45 PM	L
May 21, 2025	Wed	Regular Season	Bethlehem High School @ Colonie High School	4:15 PM	6:55 PM	Colonie High Track	Bus/Driver: Star & Strand and CBA #3	Departure Point: CBA Departure Time: 3:00 PM	L
May 29, 2025	Thu	Meet (SSC Play Day)	Vs. Multiple	4:15 PM	6:55 PM	Arthur Walker Field- Shaker High School	Bus/Driver: CBA Van #3/Bio & CBA Van #5/BMac	Departure Point: CBA Departure Time: 3:00 PM	NL

Date: 2025-12-09