

Coaches:

- Aidan O'Malley
- Tom O'Malley, Head Coach
- Orville Ivey
- Bob Burns

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 6, 2024	Sat	Regular Season (Frigid Cup Invitational)	Ballston Spa High School @ Guilderland High School	10:00 AM	5:00 PM	GHS Track			NL
Apr 10, 2024	Wed	Regular Season	Burnt Hills- Ballston Lake HS @ Bethlehem High School	4:15 PM	6:55 PM	High School Track	Bus/Driver: Yankee Trails	Departure Point: CBA Departure Time: 3:00 PM	L
Apr 13, 2024	Sat	Regular Season (CBA/LaSalle Relays)	Ballston Spa High School, LaSalle Institute	9:00 AM		LaSalle Academy, Troy New York			NL
Apr 15, 2024	Mon	Practice (TEAM PICTURES- Need uniform)	N/A	3:00 PM	3:15 PM	Puleo Stadium Field			
Apr 16, 2024	Tue	Regular Season	Shenendehowa High School @ Shaker High School		6:55 PM	Arthur Walker Field- Shaker High School	Bus/Driver: Yankee Trails	Departure Point: CBA Departure Time: 3:00 PM	L
Apr 19, 2024	Fri	Regular Season (Medley Relay Challenge)	Colonie High School, Schenectady High School (Boys Varsity Track) @ Niskayuna High School	4:30 PM		High School			NL
Apr 20, 2024	Sat	Regular Season (Spring Track and Field Classic)	Ravena- Coeymans, Burnt Hills- Ballston Lake HS, Colonie High School, Ballston Spa High School, Amsterdam, Albany High School, Schenectady High School (Boys Varsity Track), Whitesboro @ Niskayuna High School	9:30 AM		High School			L
Apr 24, 2024	Wed	Regular Season	Saratoga Springs High School, Niskayuna High School	4:15 PM	6:55 PM	CBA Track			L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 26, 2024	Fri	Regular Season (Penn Relays)	@ TBD	TBD		Penn Relays; Franklin Field			NL
Apr 27, 2024	Sat	Regular Season (Cohoes Relay)	@ Cohoes	9:00 AM		Cohoes HS			NL
Apr 27, 2024	Sat	Regular Season (Penn Relays)	@ TBD	TBD		Penn Relays; Franklin Field			NL
May 1, 2024	Wed	Regular Season	Colonie High School @ Bethlehem High School	4:15 PM	6:15 PM	High School Track	Bus/Driver: Yankee Trails	Departure Point: CBA Departure Time: 3:00 PM	L
May 4, 2024	Sat	Regular Season (Colonie Relays)	Ballston Spa High School, Shaker High School, Schenectady High School (Boys Varsity Track) @ Colonie High School	TBD		Schenectady HS - Larry Mulvaney Field			L
May 8, 2024	Wed	Regular Season	Guilderland High School, Ballston Spa High School	4:15 PM	6:55 PM	CBA Track			L
May 10, 2024	Fri	Regular Season	Niskayuna High School, Burnt Hills- Ballston Lake HS, Ballston Spa High School, Bethlehem High School, Shaker High School, Albany High School, Schenectady High School (Boys Varsity Track) @ Shenendehowa High School	4:00 PM		Shen High School East Stadium (Track)	Bus/Driver: Premiere	Departure Point: CBA Departure Time: 3:00 PM	L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 15, 2024	Wed	Regular Season (Suburban Council boy's Championships)	School,	4:15 PM	7:00 PM	High School	Bus/Driver: Star & Strand	Departure Point: CBA Departure Time: 3:00 PM	L
May 18, 2024	Sat	Regular Season (Eddy Meet)	Ballston Spa High School, Shaker High School @ Schenectady High School (Boys Varsity Track)	9:00 AM		Larry Mulvaney Field			L
May 22, 2024	Wed	Meet (Section 2 Group 2 Championships)	Vs. Multiple	4:00 PM	8:55 PM	APHS Track	Bus/Driver: Yankee Trails	Departure Point: CBA Departure Time: 3:00 PM	NL
May 30, 2024	Thu	Post-Season (State Qualifiers)	Schuylerville @ Guilderland High School	4:00 PM	8:00 PM	GHS Track			L
May 31, 2024	Fri	Post-Season (State Qualifiers)	Schuylerville @ Guilderland High School	4:00 PM		GHS Track			L
Jun 7, 2024	Fri	Regular Season (NYS Outdoor Champs @ Cicero-N. Syracuse)	@ TBD	TBD		TBD			NL
Jun 8, 2024	Sat	Regular Season (NYS Outdoor Champs @ Cicero-N. Syracuse)	@ TBD	TBD		TBD			NL

Date: 2024-04-23