



Christian Brothers Academy, Albany

(B) V Outdoor Track

Coaches:

- Tom O'Malley, Head Coach
- Aidan O'Malley, Asst Coach
- Orville Ivey, Asst Coach
- Bob Burns, Asst Coach
- Neil Dickinson, Asst Coach
- Justin Van Epps, Asst Coach
- Jerry Spicer
- Kevin Creagan

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|--|--|------------|----------|---------------------------------------|----------------|---------------------|
| Apr 1, 2023 | Sat | Regular Season (FRIGID CUP INVY) | Averill Park High School, Ballston Spa High School, Bethlehem High School, Catholic Central, Troy, Columbia High School, Fair Haven, Ichabod Crane, Shaker High School @ Guilderland High School | 10:00 AM | 3:00 PM | GHS Track | | NL |
| Apr 5, 2023 | Wed | Regular Season | Bethlehem High School, Burnt Hills-Ballston Lake HS | 4:15 PM | 6:55 PM | CBA Track | | L |
| Apr 8, 2023 | Sat | Meet (CBA/LaSalle Relays) | Vs. Multiple | 9:00 AM | | LaSalle Institute HS | | NL |
| Apr 13, 2023 | Thu | Regular Season | @ TBD | TBD | | TBD | | NL |
| Apr 19, 2023 | Wed | Regular Season | Shaker High School @ Shenendehowa High School | 4:15 PM | 6:55 PM | Shen High School East Stadium (Track) | | L |
| Apr 25, 2023 | Tue | Regular Season | Niskayuna High School @ Saratoga Springs High School | 4:15 PM | | Saratoga Springs High School | | L |
| May 2, 2023 | Tue | Regular Season | Colonie High School, Bethlehem High School | 4:15 PM | 6:55 PM | CBA Track | | L |
| May 10, 2023 | Wed | Regular Season | Ballston Spa High School @ Guilderland High School | 4:15 PM | 6:55 PM | GHS Track | | L |
| May 12, 2023 | Fri | Regular Season | @ Mohonasen | 3:00 PM | | Mohonasen HS | | L |
| May 16, 2023 | Tue | Meet (SSC Championships) | Vs. Multiple | 4:00 PM | 7:55 PM | Saratoga Springs High School | | NL |
| May 18, 2023 | Thu | Meet (SSC JV Championships (Troy HS)) | Vs. Multiple | 4:00 PM | 7:55 PM | Track | | NL |
| May 24, 2023 | Wed | Meet (Section 2 Group 2 Championships) | Vs. Multiple | 4:00 PM | 8:55 PM | APHS Track | | NL |

Date: 2025-12-15

