



Christian Brothers Academy, Albany

(B) MOD9 Cross Country

Coaches:

- Aidan O'Malley

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|-------------------------------------------|----------------------------------------------------------------------|------------|----------|------------------------------------|----------------|---------------------|
| Sep 11, 2019 | Wed | Regular Season | Saratoga Springs High School @ Schenectady High School (Modified) | 4:45 PM | 5:55 PM | Central Park | | L |
| Sep 18, 2019 | Wed | Regular Season | Ballston Spa High School, Burnt Hills-Ballston Lake HS | 4:15 PM | 5:55 PM | CBA Track | | L |
| Sep 26, 2019 | Thu | Regular Season | Albany High School @ Niskayuna High School (Modified) | 4:15 PM | 5:55 PM | Iroquois Middle School | | L |
| Oct 3, 2019 | Thu | Regular Season | Shenendehowa High School @ Guilderland High School | 4:15 PM | | Tawasentha Park | | L |
| Oct 5, 2019 | Sat | Regular Season (Grout Invitational) | @ TBD | 9:00 AM | | Central Park, Schenectady New york | | L |
| Oct 12, 2019 | Sat | Regular Season (Burnt Hills Invitational) | @ TBD | 9:00 AM | | Saratoga Spa State Park | | L |
| Oct 16, 2019 | Wed | Regular Season | Shaker High School, Averill Park High School @ Bethlehem High School | 4:15 PM | 5:55 PM | Elm Avenue Park | | L |
| Oct 26, 2019 | Sat | Meet (SSC Championships) | Vs. Multiple | 1:30 PM | | Saratoga Spa State Park | | NL |

Date: 2024-05-07