Coaches:

• Aidan O'Malley

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 13, 2023	Wed	Regular Season	Niskayuna High School (Modified), Ballston Spa High School @ Albany High School	4:30 PM	6:10 PM	Capital Hills Golf Course	L
Sep 20, 2023	Wed	Regular Season	Averill Park High School, Ballston Spa High School, Saratoga Springs High School, Colonie High School @ Shenendehowa High School	4:30 PM	6:10 PM	Shen Cross Country Trail	L
Sep 27, 2023	Wed	Regular Season	Schenectady High School (Modified), Shaker High School @ Saratoga Springs High School	4:30 PM	6:10 PM	Saratoga Spa State Park	L
Oct 7, 2023	Sat	Regular Season (Grout Invitational/ Central Park Schenectady)	@ TBD	9:00 AM		TBD	NL
Oct 11, 2023	Wed	Regular Season	Averill Park High School, Columbia High School @ Bethlehem High School	4:30 PM	6:10 PM	Elm Avenue Park	L
Oct 14, 2023	Sat	Regular Season (Burnt :Hills Invitational)	@ TBD	9:00 AM		Saratoga Spa State Park	L
Oct 28, 2023	Sat	Meet (SSC Championships)	Vs. Multiple	9:00 AM	11:55 AM	Saratoga Spa State Park	NL

Date: 2024-05-06