



# Christian Brothers Academy, Albany

## (B) MOD9 Cross Country

### Coaches:

- Aidan O'Malley

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 13, 2023	Wed	Regular Season	Niskayuna High School (Modified), Ballston Spa High School @ Albany High School	4:30 PM	6:10 PM	Capital Hills Golf Course		L
Sep 20, 2023	Wed	Regular Season	Averill Park High School, Ballston Spa High School, Saratoga Springs High School, Colonie High School @ Shenendehowa High School	4:30 PM	6:10 PM	Shen Cross Country Trail		L
Sep 27, 2023	Wed	Regular Season	Schenectady High School (Modified), Shaker High School @ Saratoga Springs High School	4:30 PM	6:10 PM	Saratoga Spa State Park		L
Oct 4, 2023	Wed	Regular Season	Burnt Hills-Ballston Lake HS, Colonie High School, Guilderland High School	4:30 PM		CBA, Albany		L
Oct 7, 2023	Sat	Regular Season (Grout Invitational/ Central Park Schenectady)	@ TBD	9:00 AM		TBD		NL
Oct 11, 2023	Wed	Regular Season	Averill Park High School, Columbia High School @ Bethlehem High School	4:30 PM	6:10 PM	Elm Avenue Park		L
Oct 14, 2023	Sat	Regular Season (Burnt Hills Invitational )	@ TBD	9:00 AM		Saratoga Spa State Park		L
Oct 28, 2023	Sat	Meet (SSC Championships)	Vs. Multiple	9:00 AM	11:55 AM	Saratoga Spa State Park		NL

Date: 2024-03-20