



# Christian Brothers Academy, Albany

## (B) V Cross Country

### Coaches:

- Tom O'Malley, Head Coach
- Neil Dickinson, Asst Coach
- Justin Van Epps, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 6, 2022	Tue	Regular Season 1-1-0-1 L	Troy, Shenendehowa High School @ Shaker High School	4:15 PM	5:55 PM	The Crossings		L
Sep 10, 2022	Sat	Regular Season (Blackbird Invitational)	@ TBD	9:00 AM		Wallace Park		L
Sep 14, 2022	Wed	Regular Season	Schenectady High School, Averill Park High School, Saratoga Springs High School	4:30 PM		The Crossings of Colonie		L
CANCELLED Sep 17, 2022	Sat	Regular Season (Queensbury-Adirondack XC Classic Invy)	@ Queensbury	9:00 AM		Queensbury HS, Trails @ Elem. School		L
Sep 17, 2022	Sat	Regular Season (Queensbury Invitational )	Ballston Spa High School, Schuylerville, Niskayuna High School, Monroe-Woodbury, Saratoga Springs High School, Colonie High School, Schenectady High School, South Glens Falls, Coxsackie-Athens, Glens Falls, Chittenango, Granville (Granville-Whitehall-Hartford), Shaker High School, Remsen (Remsen), Roy C Ketcham/ Wappingers JHS, North Warren, Albany High School, Maple Hill, Chatham, Scotia-Glenville @ Queensbury	9:00 AM		Queensbury HS, Trails @ Elem. School		NL
Sep 20, 2022	Tue	Regular Season	Bethlehem High School, Guilderland High School @ Niskayuna High School	4:15 PM	5:55 PM	Iroquois Middle School		L
Sep 27, 2022	Tue	Regular Season	Ballston Spa High School, Albany High School, Colonie High School	4:15 PM	5:55 PM	The Crossings of Colonie		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 1, 2022	Sat	Regular Season (Grout Invitational/Central Park Schdy)	@ TBD	9:00 AM		Central Park, Schenectady New york		L
Oct 11, 2022	Tue	Regular Season	Columbia High School @ Burnt Hills-Ballston Lake HS	4:15 PM	5:55 PM	Saratoga Spa State Park		L
Oct 15, 2022	Sat	Regular Season (Burnt Hills Invitational)	@ TBD	9:00 AM		Saratoga Spa State Park		L
Oct 21, 2022	Fri	Regular Season (Albany County Invitational)	@ TBD	3:30 PM		The Crossings of Colonie		L
Oct 29, 2022	Sat	Meet (SSC Championships)	Vs. Multiple	1:00 PM	3:55 PM	Saratoga Spa State Park		NL

Date: 2025-12-19