Coaches:

- Tom O'Malley, Head Coach
- Neil Dickinson, Asst Coach
- Justin Van Epps, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 3, 2020	Sat	Regular Season	Averill Park High School, Troy	Alvi	10:40 AM			L
Oct 10, 2020	Sat	Regular Season	Ballston Spa High School, Troy	9:00 AM	10:40 AM	CBA Track		L
Oct 16, 2020	Fri	Regular Season 18-28-29 W	Colonie High School @ Albany High School	4:00 PM		Capital Hills Golf Course		L
Oct 24, 2020	Sat	Regular Season	Columbia High School, Troy	9:00 AM	10:40 AM	CBA Track		L
Oct 31, 2020	Sat	Regular Season	Schenectady High School @ Averill Park High School	9:00 AM	10:40 AM	APHS Cross Country Course		L
Nov 7, 2020	Sat	Regular Season	Shaker High School @ Niskayuna High School	2:00 PM	3:40 PM	Iroquois Middle School		L
Nov 14, 2020	Sat	Regular Season	Saratoga Springs High School @ Bethlehem High School	9:00 AM	10:40 AM	Elm Avenue Park		L
Nov 21, 2020	Sat	Meet (SSC Championships)	Vs. Multiple	8:00 AM	4:00 PM	Saratoga Spa State Park		NL

Date: 2025-12-06