



Christian Brothers Academy, Albany

(B) V Cross Country

Coaches:

- Tom O'Malley, Head Coach
- Neil Dickinson, Asst Coach
- Justin Van Epps, Asst Coach

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---|--|------------|----------|------------------------------------|----------------|---------------------|
| Sep 7, 2019 | Sat | Regular Season (Blackbird Invitational) | @ TBD | 9:00 AM | | Wallace Park | | L |
| Sep 10, 2019 | Tue | Regular Season | Saratoga Springs High School @ Schenectady High School | 4:15 PM | 5:55 PM | Iroquois Middle School, Niskayuna | | L |
| Sep 17, 2019 | Tue | Regular Season | Colonie High School, Ballston Spa High School, Burnt Hills-Ballston Lake HS, TBD | 4:15 PM | 5:55 PM | Colonie Town Park | | L |
| Sep 24, 2019 | Tue | Regular Season | Albany High School, Troy @ Niskayuna High School | 4:15 PM | 5:55 PM | Iroquois Middle School | | L |
| Oct 2, 2019 | Wed | Regular Season | Shenendehowa High School, Columbia High School @ Guilderland High School | 4:15 PM | 5:55 PM | Tawasentha Park | | L |
| Oct 5, 2019 | Sat | Regular Season (Grout Invitational) | @ TBD | 9:00 AM | | Central Park, Schenectady New york | | L |
| Oct 12, 2019 | Sat | Regular Season (Burnt Hills Invitational) | @ TBD | TBD | | Saratoga Spa State Park | | L |
| Oct 15, 2019 | Tue | Regular Season | Shaker High School, Averill Park High School @ Bethlehem High School | 4:15 PM | 5:55 PM | Elm Avenue Park | | L |
| Oct 18, 2019 | Fri | Regular Season (Albany County Invitational) | @ TBD | 4:15 PM | | Colonie Town Park | | L |
| Oct 26, 2019 | Sat | Meet (SSC Championships) | Vs. Multiple | 1:30 PM | | Saratoga Spa State Park | | NL |
| Nov 1, 2019 | Fri | Post-Season (Sectionals) | @ TBD | TBD | | Saratoga Spa State Park | | L |

Date: 2025-12-19