



Christian Brothers Academy, Albany

(B) V Cross Country

Coaches:

- Neil Dickinson
- Justin Van Epps
- Tom O'Malley, Head Coach

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---|--|------------|----------|--------------------------------------|----------------|---------------------|
| Sep 5, 2023 | Tue | Regular Season | Schenectady High School, Shaker High School @ Saratoga Springs High School | 6:00 PM | 7:55 PM | Saratoga Spa State Park | | L |
| Sep 9, 2023 | Sat | Regular Season (Blackbird INVY) | @ TBD | 9:00 AM | | Wallace Park | | NL |
| Sep 12, 2023 | Tue | Regular Season | Niskayuna High School, Ballston Spa High School @ Albany High School | 4:15 PM | 5:55 PM | Capital Hills Golf Course | | L |
| Sep 19, 2023 | Tue | Regular Season | Troy @ Shenendehowa High School | 4:15 PM | 5:55 PM | Shen Cross Country Trail | | L |
| Sep 23, 2023 | Sat | Regular Season (Queensbury-Adirondack Classic INVY) | @ TBD | 9:00 AM | | TBD | | NL |
| Oct 7, 2023 | Sat | Regular Season (Grout Invitational) | @ TBD | 9:00 AM | | Central Park, Schenectady New York | | L |
| Oct 10, 2023 | Tue | Regular Season | Averill Park High School, Columbia High School @ Bethlehem High School | 4:15 PM | 5:55 PM | Elm Avenue Park | | L |
| Oct 14, 2023 | Sat | Regular Season (Grout Invitational) | @ TBD | 9:00 AM | | Saratoga Spa State Park | | NL |
| Oct 20, 2023 | Fri | Regular Season (Albany County Championships) | @ TBD | 3:30 PM | | Wallace Park | | L |
| Oct 28, 2023 | Sat | Meet (SSC Championships) | Vs. Multiple | 1:00 PM | 3:55 PM | Saratoga Spa State Park | | NL |
| Nov 4, 2023 | Sat | Post-Season (Section 2 Championships) | Johnstown, Amsterdam, Shenendehowa High School, Greenville @ Queensbury | 10:00 AM | | Queensbury HS, Trails @ Elem. School | | NL |
| Nov 11, 2023 | Sat | Post-Season (New York State Championships) | @ TBD | TBD | | TBD | | L |

Date: 2024-05-19