



# Christian Brothers Academy, Albany

## (B) V Cross Country

### Coaches:

- Neil Dickinson
- Justin Van Epps
- Tom O'Malley, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 5, 2023	Tue	Regular Season	Schenectady High School, Shaker High School @ Saratoga Springs High School	6:00 PM	7:55 PM	Saratoga Spa State Park		L
Sep 9, 2023	Sat	Regular Season (Blackbird INVY)	@ TBD	9:00 AM		Wallace Park		NL
Sep 12, 2023	Tue	Regular Season	Niskayuna High School, Ballston Spa High School @ Albany High School	4:15 PM	5:55 PM	Capital Hills Golf Course		L
Sep 19, 2023	Tue	Regular Season	Troy @ Shenendehowa High School	4:15 PM	5:55 PM	Shen Cross Country Trail		L
Sep 23, 2023	Sat	Regular Season (Queensbury-Adirondack Classic INVY)	@ TBD	9:00 AM		TBD		NL
Oct 3, 2023	Tue	Regular Season	Burnt Hills-Ballston Lake HS, Colonie High School, Guilderland High School	4:15 PM	5:55 PM	Colonie Town Park		L
Oct 7, 2023	Sat	Regular Season (Grout Invitational)	@ TBD	9:00 AM		Central Park, Schenectady New York		L
Oct 10, 2023	Tue	Regular Season	Averill Park High School, Columbia High School @ Bethlehem High School	4:15 PM	5:55 PM	Elm Avenue Park		L
Oct 14, 2023	Sat	Regular Season (Grout Invitational)	@ TBD	9:00 AM		Saratoga Spa State Park		NL
Oct 20, 2023	Fri	Regular Season (Albany County Championships)	@ TBD	3:30 PM		Wallace Park		L
Oct 28, 2023	Sat	Meet (SSC Championships)	Vs. Multiple	1:00 PM	3:55 PM	Saratoga Spa State Park		NL
Nov 4, 2023	Sat	Post-Season (Section 2 Championships)	Johnstown, Amsterdam, Shenendehowa High School, Greenville @ Queensbury	10:00 AM		Queensbury HS, Trails @ Elem. School		NL
Nov 11, 2023	Sat	Post-Season (New York State Championships)	@ TBD	TBD		TBD		L

Date: 2024-04-19