

Coaches:

- Nancy Spagnola, Head Coach
- Lisa Liverio, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START END TIME TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 3, 2024	Tue	Regular Season	Johnstown (Fonda/Johnstown)	5:00 PM	Swimming Pool - Lynch Middle School	Bus/Driver: GASD	Departure Point: AHS	L
Dec 12, 2024	Thu	Regular Season	@ Glens Falls	5:00 PM	Glens Falls High School Pool	Bus/Driver: GASD	Departure Point: AHS Departure Time: 3:30 PM	L
Dec 16, 2024	Mon	Regular Season	@ Fonda-Fultonville (Fonda/Johnston)	4:30 PM	Johnstown Pool	Bus/Driver: GASD	Departure Point: LLA Departure Time: 3:30 PM	L
Jan 4, 2025	Sat	Regular Season (Schenectady Invy)	@ TBD	9:00 AM	Pat Riley Sports Center- Pool	Bus/Driver: GASD	Departure Point: LLA	NL
Jan 9, 2025	Thu	Regular Season	Queensbury	4:30 PM	Swimming Pool - Lynch Middle School			L
Jan 11, 2025	Sat	Regular Season (Dive Meet)	@ Mohonasen	1:00 PM	TBD	Bus/Driver: GASD	Departure Point: LLA	NL
Jan 14, 2025	Tue	Regular Season	Mohonasen	4:30 PM	Swimming Pool - Lynch Middle School	Bus/Driver: GASD	Departure Point: LLA	NL
Jan 16, 2025	Thu	Regular Season	Hudson Falls (Hudson Falls/So. Glens Falls)	5:00 PM	Swimming Pool - Lynch Middle School			L
Jan 21, 2025	Tue	Regular Season	@ Queensbury	5:00 PM	Queensbury Elem. School Pool	Bus/Driver: GASD	Departure Point: AHS Departure Time: 3:30 PM	L
Jan 23, 2025	Thu	Regular Season	Gloversville (Gloversville/Mayfield)	5:00 PM	Swimming Pool - Lynch Middle School			L
Jan 28, 2025	Tue	Regular Season	Canajoharie	4:30 PM	Swimming Pool - Lynch Middle School	Bus/Driver: GASD	Departure Point: LLA	NL
Feb 3, 2025	Mon	Regular Season	@ Ravena-Coeymans	5:00 PM	TBD	Bus/Driver: GASD	Departure Point: AHS Departure Time: 3:30 PM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
POSTPONED Feb 7, 2025	' Fri	Regular Season (Last Chance Meet)	Gloversville (Gloversville/Mayfield)	4:30 PM		Swimming Pool - Lynch Middle School			L
Feb 8, 2025	Sat		Bethlehem High School @ Ballston Spa High School	9:00 AM		Ballston Spa High School pool	Bus/Driver: GASD	Departure Point: LLA	NL
Feb 13, 2025	Thu	Regular Season (Diving Prelims and Finals)	@ TBD	TBD		TBD	Bus/Driver: GASD	Departure Point: LLA	NL
Feb 14, 2025	Fri	Regular Season (Swim Prelims)	@ TBD	4:30 PM		TBD	Bus/Driver: GASD	Departure Point: AHS Departure Time: 12:30 PM	NL
Feb 15, 2025	Sat	Regular Season (Swim Finals)	@ TBD	9:00 AM		TBD	Bus/Driver: GASD	Departure Point: LLA	NL

Date: 2025-12-22