Coaches:

- Nancy Spagnola, Head Coach
- Marisha Gennett, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START END TIME TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 14, 2023	Thu	Regular Season	Queensbury	4:30 PM	Swimming Pool - Lynch Middle School			L
Dec 20, 2023	Wed		@ Gloversville (Gloversville/Mayfield)	4:30 PM	Pool - GMS	Bus/Driver: GASD	Departure Point: AHS Departure Time: 3:30 PM	NL
Jan 4, 2024	Thu	Regular Season	@ Hudson Falls (Hudson Falls/So. Glens Falls)	5:00 PM	Hudson Falls Middle School	Bus/Driver: GASD	Departure Point: AHS Departure Time: 3:00 PM	L
Jan 11, 2024	Thu		Johnstown (Fonda/Johnstown)	4:30 PM	Swimming Pool - Lynch Middle School			L
Jan 18, 2024	Thu	Regular Season	Glens Falls	5:00 PM	Swimming Pool - Lynch Middle School			NL
Jan 26, 2024	Fri	Regular Season	@ Canajoharie	4:30 PM	Canajoharie HS	Bus/Driver: GASD	Departure Point: AHS Departure Time: 3:30 PM	L
Feb 5, 2024	Mon	Regular Season	Ravena-Coeymans	4:30 PM	Swimming Pool - Lynch Middle School	Bus/Driver: GASD	Departure Point: AHS	L
Feb 6, 2024	Tue	Regular Season	@ Mohonasen	4:30 PM	Mohonasen HS	Bus/Driver: GASD	Departure Point: AHS Departure Time: 3:30 PM	L

Date: 2024-05-18