



# Amsterdam

## (G) V Cross Country

### Coaches:

- Olivia Rehm, Head Coach
- Stu Palczak, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 31, 2019	Sat	Regular Season (Ekiden Invitational)	@ Niskayuna High School	9:30 AM		Iroquois Middle School	<b>Bus/Driver:</b> Amsterdam	<b>Departure Point:</b> LLA <b>Departure Time:</b> 8:30 AM	NL
Sep 10, 2019	Tue	Regular Season	Broadalbin-Perth	4:15 PM		Bob's Trees			L
Sep 14, 2019	Sat	Meet (Queensbury XC Invitational)	Vs. Multiple	9:00 AM		Queensbury HS, Trails @ Elem. School			NL
Sep 17, 2019	Tue	Regular Season	@ Johnstown	4:15 PM		TBD	<b>Bus/Driver:</b> GASD	<b>Departure Point:</b> AHS <b>Departure Time:</b> 2:30 PM	L
Sep 28, 2019	Sat	Regular Season (7th Annual XC KDawg - Killian Invitational)	Hadley-Luzerne (Corinth/Hadley Luzerne), Schuylerville, Lake George, Hoosic Valley, Hudson Falls @ South Glens Falls	9:00 AM		Moreau Recreational Park	<b>Bus/Driver:</b> GASD	<b>Departure Point:</b> LLA <b>Departure Time:</b> 7:00 AM	NL
Oct 1, 2019	Tue	Regular Season	@ Scotia-Glenville	4:15 PM		Indian Meadows	<b>Bus/Driver:</b> GASD	<b>Departure Point:</b> AHS <b>Departure Time:</b> 3:15 PM	L
Oct 5, 2019	Sat	Regular Season (Grout Invitational)	@ Schenectady High School	9:00 AM		Central Park	<b>Bus/Driver:</b> Amsterdam	<b>Departure Point:</b> LLA <b>Departure Time:</b> 7:15 AM	NL
Oct 8, 2019	Tue	Regular Season	Gloversville	4:15 PM		Bobs Trees	<b>Bus/Driver:</b> GASD	<b>Departure Point:</b> AHS <b>Departure Time:</b> 2:30 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 12, 2019	Sat	Regular Season (Burnt Hills-Ballston Lake Invitational)	Dolgeville, South Glens Falls, Schuylerville, Greenville, Hadley-Luzerne (Corinth/Hadley Luzerne), Corinth (Corinth/Hadley Luzerne), Ballston Spa High School, Saratoga Springs High School, Niskayuna High School, Granville (Granville-Whitehall-Hartford), Stillwater, Colonie High School, Broadalbin-Perth, Johnstown, Lake George, Chittenango @ Burnt Hills-Ballston Lake HS	9:00 AM		Saratoga Spa State Park	<b>Bus/Driver:</b> GASD	<b>Departure Point:</b> LLA <b>Departure Time:</b> 7:00 AM	NL
Oct 21, 2019	Mon	Regular Season (Foothills Council XC Championships)	South Glens Falls, Schuylerville, Scotia-Glenville, Queensbury, Johnstown, Gloversville, Glens Falls, Broadalbin-Perth @ Hudson Falls	3:00 PM		Saratoga State Park	<b>Bus/Driver:</b> GASD	<b>Departure Point:</b> AHS <b>Departure Time:</b> 1:00 PM	L
Oct 26, 2019	Sat	Regular Season (Harvest Classic Invitational )	Cooperstown	10:20 AM		Bob's Trees			L
Oct 26, 2019	Sat	Regular Season (Harvest Classic)	Queensbury	TBD		Bob's Trees			NL
Nov 1, 2019	Fri	Post-Season (Section 2 Class B Championships)	TBD	TBD		Saratoga Spa State Park			NL

Date: 2026-01-03