

Coaches:

- Wilmer Lawson
- Rachel Swann

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Mar 28, 2024	Thu	Meet (Flag Football Pre- Season Jamboree)	Vs. Multiple	6:30 PM	8:30 PM	TBD			NL
Mar 28, 2024	Thu	Scrimmage (League Scrimmage)	@ Troy (Troy Girl's Flag Football)	7:30 PM	8:30 PM	High School	Bus/Driver: First Student	Departure Time: 6:30 PM Return Date: Return Time: 9:00 PM	L
Apr 6, 2024	Sat	Scrimmage	Troy (Troy Girl's Flag Football)	4:00 PM		Albany Turf Stadium Field			L
Apr 10, 2024	Wed	Regular Season	Bethlehem High School	4:30 PM		Albany Turf Stadium Field			L
Apr 12, 2024	Fri	Regular Season 31-40 L	@ Shaker High School	6:30 PM	8:30 PM	Arthur Walker Field- Shaker High School	Bus/Driver: FIRST STUDENT	Departure Time: 5:00 PM	L
Apr 17, 2024	Wed	Regular Season	Albany Leadership Charter	4:45 PM		Albany Turf Stadium Field			L
Apr 19, 2024	Fri	Regular Season 32-19 W	@ Columbia High School	6:00 PM	7:45 PM	Nicholas Budowski Field - Columbia H.S.	Bus/Driver: First Student	Departure Time: 4:30 PM	L
Apr 24, 2024	Wed	Regular Season	@ Shenendehowa High School	5:30 PM		Shen High School East Stadium (Turf Field)	Bus/Driver: First Student	Departure Time: 4:00 PM	L
Apr 26, 2024	Fri	Regular Season 56-43 W	@ Burnt Hills- Ballston Lake HS	4:15 PM		BH-BL HS Lacrosse Field 1	Bus/Driver: First Student	Departure Time: 2:45 PM	L
Apr 29, 2024	Mon	Regular Season	Colonie High School	4:45 PM		Albany Turf Stadium Field			L
May 1, 2024	Wed	Regular Season	Saratoga Springs High School	4:45 PM		Albany Turf Stadium Field			L
May 3, 2024	Fri	Regular Season	Niskayuna High School	4:45 PM		Albany Turf Stadium Field			L
May 8, 2024	Wed	Regular Season	@ Troy (Troy Girl's Flag Football)	6:30 PM		Stadium Field	Bus/Driver: First Student	Departure Time: 5:00 PM	L
May 13, 2024	Mon	Regular Season	@ Schenectady High School	4:30 PM		Larry Mulvaney Field	Bus/Driver: First Student	Departure Time: 3:00 PM	L
May 17, 2024	Fri	Post-Season (Sectionals @ Albany)	Saratoga Springs High School	5:00 PM	7:00 PM	Albany Turf Stadium Field			L
May 20, 2024	Mon	Post-Season	TBD	5:00 PM	7:00 PM	Albany Turf Stadium Field			L

Date: 2024-05-20