



Albany High School

(G) MOD9 Cross Country

Coaches:

- Adela Holodak
- Alyssa Valachovic

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 20, 2021	Mon	Regular Season	Shenendehowa High School @ Bethlehem High School	4:15 PM	5:55 PM	Elm Avenue Park		L
Sep 25, 2021	Sat	Regular Season	Guilderland High School @ Schenectady High School (Modified)	9:00 AM	10:15 AM	Central Park		L
Sep 29, 2021	Wed	Regular Season	Burnt Hills-Ballston Lake HS, Saratoga Springs High School @ Shaker High School	5:00 PM		Shaker Middle School		L
Oct 6, 2021	Wed	Regular Season	Ballston Spa High School, Colonie High School	4:15 PM	5:55 PM	Capital Hills Golf Course		L
Oct 13, 2021	Wed	Regular Season	Averill Park High School, Burnt Hills-Ballston Lake HS, Niskayuna High School (Modified)	4:15 PM	5:55 PM	Capital Hills Golf Course		L
Oct 30, 2021	Sat	Meet (SSC Championships)	Vs. Multiple	12:00 PM	2:55 PM	Saratoga Spa State Park		NL

Date: 2025-12-17