



Albany High School

(G) V Cheerleading (Competitive)

Coaches:

- Jahmere Holland, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 25, 2020	Sat	Regular Season (Queens of the North Competition)	Schuylerville (Winter), Niskayuna High School (Competitive), Bethlehem High School (Competitive), Colonie High School (Competitive), Burnt Hills-Ballston Lake HS (Competitive), Guilderland High School, Ballston Spa High School (Competitive) @ Saratoga Springs High School (Competitive)	8:30 AM	4:45 PM	Saratoga Springs High School		NL
Feb 1, 2020	Sat	Regular Season (Suburban Council)	Averill Park High School (Competitive), Niskayuna High School (Competitive), Schenectady High School (Competitive Cheer), Shaker High School (Competitive), Bethlehem High School (Competitive), Shenendehowa High School (Competitive), Colonie High School (Competitive), Ballston Spa High School (Competitive), Burnt Hills-Ballston Lake HS (Competitive), Guilderland High School @ Saratoga Springs High School (Competitive)	10:00 AM	4:30 PM	Saratoga Springs High School		L
Feb 5, 2020	Wed	Meet (Shaker Sweetheart Classic)	Vs. Multiple	4:00 PM		Shaker High School- H Gym		NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Feb 8, 2020	Sat	Regular Season	Saratoga Springs High School (Competitive), Shenendehowa High School (Competitive), Ballston Spa High School (Competitive), Guilderland High School, Burnt Hills- Ballston Lake HS (Competitive) @ Colonie High School (Competitive)	11:00 AM	4:00 PM	Colonie High School MUG (Main Gymnasium)		L
Feb 8, 2020	Sat	Regular Season	Shenendehowa High School (Competitive), Saratoga Springs High School (Competitive), Shaker High School (Competitive), Guilderland High School, Ballston Spa High School (Competitive) @ Colonie High School (Competitive)	11:00 AM	4:00 PM	Colonie High School MUG (Main Gymnasium)		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON- LEAGUE
Feb 9, 2020	Sun	Regular Season	Hoosick Falls, Colonie High School (Competitive), Colonie High School (Competitive), Saratoga Springs High School (Competitive), Saratoga Springs High School (Competitive), Shaker High School (Competitive), Guilderland High School, Guilderland High School, Ballston Spa High School (Competitive), Ballston Spa High School (Competitive), Niskayuna High School (Competitive), Bethlehem High School (Fall), Greenville, Averill Park High School (Competitive), Burnt Hills-Ballston Lake HS (Competitive), Burnt Hills-Ballston Lake HS (Competitive), TBD, Broadalbin-Perth (Competitive Cheer), Shaker High School (Competitive), Cohoes, Greenwich, Middleburgh, Moriah, Stillwater (Fall), Troy (Fall), Ravena-Coeymans @ Columbia High School (Competitive)	10:00 AM	3:45 PM	Columbia H.S.	L
Feb 9, 2020	Sun	Meet (Devil Nation Cheer Competition)	Vs. Multiple	10:00 AM	6:30 PM	Columbia H.S.	NL
Feb 12, 2020	Wed	Regular Season (Suburban Council Championships)	@ Schenectady High School (Fall)	6:00 PM		Pat Riley Sports Center- Main Gym	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 29, 2020	Sat	Post-Season (Sectionals @ Saratoga)	Schuylerville (Winter), Shenendehowa High School (Competitive), Averill Park High School (Competitive), Niskayuna High School (Competitive), Schenectady High School (Competitive Cheer), Shaker High School (Competitive), Bethlehem High School (Competitive), Colonie High School (Competitive), Ballston Spa High School (Competitive) @ Saratoga Springs High School (Competitive)	10:00 AM		Saratoga Springs High School		NL
Mar 1, 2020	Sun	Regular Season (JV and Varsity Cheer Competition)	Schenectady High School (Competitive Cheer), Saratoga Springs High School (Competitive), Saratoga Springs High School (Competitive), Shaker High School (Competitive)	12:00 PM		Albany High School Gym A		L

Date: 2026-01-25