



Albany High School

(G) V Cheerleading (Competitive)

Coaches:

- Jahmere Holland, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 15, 2023	Sun	Regular Season (Cheer Competiton at Niskayuna)	TBD	7:45 AM	4:00 PM	TBD	Departure Time: 7:45 AM Return Date: Return Time: 4:00 PM	L
Nov 13, 2023	Mon	Practice (Tryouts)	N/A	3:45 PM		Albany High School Gym A - Hallway		
Nov 13, 2023	Mon	Practice	N/A	4:00 PM	5:30 PM	TBD		
Nov 14, 2023	Tue	Practice (Tryouts)	N/A	3:45 PM		Albany High School Gym A - Hallway		
Nov 14, 2023	Tue	Practice	N/A	4:00 PM	5:30 PM	TBD		
Nov 15, 2023	Wed	Practice (Tryouts)	N/A	3:45 PM		Albany High School Gym A - Hallway		
Nov 15, 2023	Wed	Practice	N/A	4:00 PM	5:30 PM	TBD		
Nov 16, 2023	Thu	Practice (Tryouts)	N/A	3:45 PM		Albany High School Gym A - Hallway		
Nov 16, 2023	Thu	Practice	N/A	4:00 PM	5:30 PM	TBD		
Nov 17, 2023	Fri	Practice (Tryouts)	N/A	3:45 PM		Albany High School Gym A - Hallway		
Nov 20, 2023	Mon	Practice	N/A	4:00 PM	6:00 PM	TBD		
Nov 21, 2023	Tue	Practice	N/A	4:00 PM	6:00 PM	TBD		
Nov 22, 2023	Wed	Practice	N/A	4:00 PM	6:00 PM	TBD		
Nov 24, 2023	Fri	Practice	N/A	4:00 PM	6:00 PM	TBD		
Nov 27, 2023	Mon	Practice	N/A	4:00 PM	6:00 PM	TBD		
Nov 28, 2023	Tue	Practice	N/A	4:00 PM	6:00 PM	TBD		
Nov 29, 2023	Wed	Practice	N/A	4:00 PM	6:00 PM	TBD		
Nov 30, 2023	Thu	Practice	N/A	4:00 PM	6:00 PM	TBD		
Dec 1, 2023	Fri	Practice	N/A	4:00 PM	6:00 PM	TBD		
Dec 4, 2023	Mon	Practice	N/A	4:00 PM	6:00 PM	TBD		
Dec 5, 2023	Tue	Practice	N/A	4:00 PM	6:00 PM	TBD		
Dec 6, 2023	Wed	Practice	N/A	4:00 PM	6:00 PM	TBD		
Dec 7, 2023	Thu	Practice	N/A	4:00 PM	6:00 PM	TBD		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION / NON-LEAGUE	LEAGUE / NON-LEAGUE
Dec 8, 2023	Fri	Practice	N/A	4:00 PM	6:00 PM	TBD		
Feb 18, 2024	Sun	Regular Season (Showdown In A-Town)	Hudson Falls (Competitive Cheer Winter)	2:00 PM		Albany High School Gym A		L
Feb 18, 2024	Sun	Regular Season	Schuylerville (Winter)	2:00 PM		Albany High School Gym A		L

Date: 2024-05-04