Coaches:

• Jordan Friello

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 13, 2023	Mon	Practice (First day of practice)	: N/A	TBD		TBD			
Nov 18, 2023	Sat	Regular Season (Weight Certification)	@ Coxsackie- Athens	TBD		Coxsackie- Athens HS		Departure Time: 9:00 AM	NL
Nov 20, 2023	Mon	Regular Season	@ Coxsackie- Athens	TBD		Coxsackie- Athens HS		Departure Time: 2:30 PM	NL
Dec 6, 2023	Wed	Regular Season	@ TBD	6:00 PM		CBA, Albany		Departure Date: Dec 6, 2023 Departure Time: 4:30 PM	L
Dec 9, 2023	Sat	Regular Season (Ballston Spa JV Tournament)	@ Ballston Spa High School	9:00 AM	3:00 PM	Ballston Spa High School Gym	Bus/Driver: First Student	Departure Time: 6:30 AM	NL
Dec 13, 2023	Wed	Regular Season	TBD	6:00 PM		AHS Annex Gym			NL
Dec 27, 2023	Wed	Regular Season (Suburban Council JV Playdate)	Niskayuna High School, Shenendehowa High School, Averill Park High School, Schenectady High School (JV Wrestling), Columbia High School, Saratoga Springs High School, Burnt Hills-Ballston Lake HS @ Ballston Spa High School	9:00 AM		Ballston Spa High School Gym	Bus/Driver: First Student 518-415-6414 (518-445- 6372)	Departure Time: 6:30 AM Return Date: Return Time: 3:00 PM	L
Jan 11, 2024	Thu	Regular Season	@ Tamarac	5:45 PM		High School	Bus/Driver: First Student 518-415-6414 (518-445- 6372)	Departure Time: 4:15 PM Return Date: Return Time: 7:00 PM	NL
Jan 17, 2024	Wed	Regular Season	LaSalle Institute	6:00 PM		AHS Annex Gym			NL

Date: 2025-12-05