Coaches:

• Jordan Friello

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 13, 2022	Tue	Regular Season (Dual Meet)	@ Berne-Knox-Westerlo	5:30 PM	6:30 PM	TBD	Departure Time: 4:00 PM	NL
Dec 21, 2022	Wed	Regular Season	Fonda-Fultonville (Fonda/Johnston)	6:00 PM	8:00 PM	Albany High School Gym A		L
Dec 28, 2022	Wed	Regular Season	Shenendehowa High School, Burnt Hills- Ballston Lake HS, Schenectady High School (JV Wrestling), Niskayuna High School, Saratoga Springs High School, Columbia High School, Averill Park High School, Bethlehem High School @ Ballston Spa High School	10:00 AM	1:00 PM	Ballston Spa High School Gym		L
Jan 5, 2023	Thu	Regular Season (Dual Meet)	@ Tamarac	5:45 PM	6:50 PM	High School Gym	Departure Time: 4:00 PM	NL
Jan 26, 2023	Thu	Regular Season	LaSalle Institute	6:00 PM	6:50 PM	AHS Annex Gym		NL
Jan 30, 2023	Mon	Regular Season	Ballston Spa High School, Schenectady High School (JV Wrestling), Columbia High School, Niskayuna High School, Saratoga Springs High School, Averill Park High School, Bethlehem High School, Shenendehowa High School, Guilderland High School @ Colonie High School		7:00 PM	Colonie High School MUG (Main Gymnasium)		L

Date: 2025-12-05