



Albany High School

(B) V Wrestling

Coaches:

- Paul Florio, Head Coach
- Matthew Sitors, Asst Coach
- Mark Hitchcock

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 3, 2022	Sat	Regular Season	@ Mohonasen	9:15 AM	7:00 PM	Mohonasen HS	Departure Time: 6:45 AM	NL
Dec 6, 2022	Tue	Regular Season	@ Christian Brothers Academy, Albany	6:00 PM	7:30 PM	CBA, Albany		L
Dec 10, 2022	Sat	Regular Season (Invitational)	@ Duanesburg	9:00 AM	3:00 PM	Duanesburg M/HS	Departure Time: 6:30 AM Return Date: Return Time: 3:00 PM	NL
Dec 13, 2022	Tue	Regular Season (Dual Meet) 54-18 W	@ Berne-Knox-Westerlo	5:30 PM	6:30 PM	TBD	Departure Time: 4:00 PM	NL
Dec 17, 2022	Sat	Regular Season (Dual Meet)	@ Schalmont	9:00 AM	2:00 PM	Schalmont HS	Departure Time: 6:45 AM	NL
Dec 21, 2022	Wed	Regular Season 26-48 L	Fonda-Fultonville (Fonda/Johnston)	6:00 PM	8:00 PM	Albany High School Gym A		NL
Jan 5, 2023	Thu	Regular Season (Dual Meet) 36-37 L	@ Tamarac	5:45 PM	6:50 PM	High School Gym	Departure Time: 4:00 PM	NL
Jan 21, 2023	Sat	Meet (King Bison Invitational)	Vs. Multiple	9:00 AM		Shaker High School- H Gym		NL
Jan 26, 2023	Thu	Regular Season 52-12 W	LaSalle Institute	6:00 PM	6:50 PM	AHS Annex Gym		NL
TBD		Practice (Arm Bar at the Armory)	N/A	5:30 PM	9:30 PM	TBD		

Date: 2024-05-05