



# Albany High School

## (B) V Wrestling

### Coaches:

- Paul Florio, Head Coach
- Matthew Sitors, Asst Coach
- Mark Hitchcock

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 13, 2023	Mon	Practice (First day of practice)	N/A	3:30 PM		TBD		
Dec 13, 2023	Wed	Regular Season	Hoosick Falls	6:00 PM		Albany High School Gym A		NL
Jan 17, 2024	Wed	Regular Season	LaSalle Institute	6:00 PM		Albany High School Gym A		NL

Date: 2024-05-18