



# Albany High School

## (G) 7/8TH Outdoor Track

### Coaches:

- Fredrick Howard, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 20, 2023	Thu	Regular Season	Christian Brothers Academy, Albany @ Saratoga Springs High School	4:15 AM		Saratoga Springs High School		L
Apr 27, 2023	Thu	Regular Season	Guilderland High School @ Averill Park High School	4:15 AM		APHS Track		L
May 4, 2023	Thu	Regular Season	Bethlehem High School, Guilderland High School	4:15 AM		Albany Turf Stadium Field		L
May 11, 2023	Thu	Regular Season	Schenectady High School (Girls Modified Track), Niskayuna High School (Modified)	4:15 AM		Albany Turf Stadium Field		L
May 18, 2023	Thu	Regular Season (Suburban Council Modified Track Play Date)	Averill Park High School, Guilderland High School, Bethlehem High School @ Colonie High School	4:15 PM	6:45 PM	Colonie High Track		L

Date: 2023-02-05