



Albany High School

(G) V Outdoor Track

Coaches:

- Pawan Thapalia, Asst Coach
- Brian Dobens
- Arnoldo Burnett
- Amanda Davey
- Brian Lewis

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---|---|------------|----------|----------------------|----------------------------------|--------------------------------|---------------------|
| Apr 10, 2024 | Wed | Regular Season | @ Niskayuna High School | 4:15 PM | | High School | Bus/Driver: First Student | Departure Time: 2:45 PM | L |
| Apr 13, 2024 | Sat | Regular Season (CBA/LaSalle Relays) | @ LaSalle Institute | 9:00 AM | | LaSalle Institute HS | | Departure Time: 7:45 AM | NL |
| Apr 16, 2024 | Tue | Regular Season | @ Burnt Hills-Ballston Lake HS | 4:15 PM | | BH-BL HS Track | Bus/Driver: First Student | Departure Time: 2:45 PM | L |
| Apr 20, 2024 | Sat | Regular Season (Spring Track and Field Classic) | Burnt Hills-Ballston Lake HS, Troy, Colonie High School, Ballston Spa High School, Schenectady High School (Girls Varsity Track), Amsterdam @ Niskayuna High School | 9:30 AM | | High School | Bus/Driver: First Student | Departure Time: 8:00 AM | L |
| Apr 23, 2024 | Tue | Regular Season 31-120-56 L | Schenectady High School (Girls Varsity Track) @ Ballston Spa High School | 4:15 PM | 6:55 PM | Ballston Spa Track | Bus/Driver: First Student | Departure Time: 2:30 PM | L |
| Apr 30, 2024 | Tue | Regular Season | @ Averill Park High School | 4:15 PM | 6:55 PM | APHS Track | Bus/Driver: first student | Departure Time: 2:45 PM | L |
| May 4, 2024 | Sat | Meet (Colonie Relays at Schenectady) | Vs. Multiple | 9:00 AM | | TBD | Bus/Driver: First Student | Departure Time: 7:45 AM | NL |
| May 4, 2024 | Sat | Regular Season (Colonie Relays) | Burnt Hills-Ballston Lake HS, Ballston Spa High School, Shaker High School, Schenectady High School (Girls Varsity Track), Saratoga Springs High School, Cairo-Durham @ Colonie High School | TBD | | Colonie High Track | | Departure Time: 7:00 AM | L |
| May 7, 2024 | Tue | Regular Season | Columbia High School @ Troy | 4:15 PM | 6:55 PM | Track | Bus/Driver: First Student | Departure Time: 2:45 PM | L |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|--|---|------------|----------|---------------------------------------|----------------------------------|--------------------------------|---------------------|
| May 10, 2024 | Fri | Regular Season | Niskayuna High School, Burnt Hills-Ballston Lake HS, Troy, Ballston Spa High School, Bethlehem High School, Shaker High School, Schenectady High School (Girls Varsity Track) @ Shenendehowa High School | 4:00 PM | | Shen High School East Stadium (Track) | Bus/Driver: First Student | Departure Time: 2:45 PM | L |
| May 14, 2024 | Tue | Regular Season (Suburban Council Girl's Championships) | Shenendehowa High School, Niskayuna High School, Averill Park High School, Burnt Hills-Ballston Lake HS, Schenectady High School (Girls Varsity Track), Shaker High School, Saratoga Springs High School, Colonie High School, Troy, Bethlehem High School, Columbia High School, Ballston Spa High School, Guilderland High School @ TBD | 4:15 PM | 7:30 PM | APHS Track | | Departure Time: 2:30 PM | L |
| May 18, 2024 | Sat | Meet (Eddy Meet @ Schenectady High School) | Vs. Multiple | 9:00 AM | 5:00 PM | TBD | | Departure Time: 7:30 AM | NL |
| May 22, 2024 | Wed | Regular Season (Sectionals at Guilderland) | @ Guilderland High School | 4:00 PM | 5:00 PM | GHS Track | | Departure Time: 2:30 PM | L |
| May 30, 2024 | Thu | Regular Season (State Qualifier @ Guilderland) | @ Guilderland High School | 4:00 PM | 5:00 PM | GHS Track | | Departure Time: 2:30 PM | L |
| May 31, 2024 | Fri | Regular Season (State Qualifier @ Guilderland) | @ Guilderland High School | 4:00 PM | 5:00 PM | GHS Track | | Departure Time: 2:30 PM | L |
| Jun 7, 2024 | Fri | Regular Season (State Meet Day 1) | @ Cicero-North Syracuse | TBD | | CNS HS-Bragman Stadium | | | NL |
| Jun 8, 2024 | Sat | Regular Season (State Meet Day 2) | @ Cicero-North Syracuse | TBD | | CNS HS-Bragman Stadium | | | NL |