

## Coaches:

- Pawan Thapalia, Asst Coach
- Brian Dobens
- Arnoldo Burnett
- Amanda Davey
- Brian Lewis

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 10, 2024	Wed	Regular Season	@ Niskayuna High School	4:15 PM		High School	Bus/Driver: First Student	<b>Departure Time:</b> 2:45 PM	L
Apr 13, 2024	Sat	Regular Season (CBA/LaSalle Relays)	@ LaSalle Institute	9:00 AM		LaSalle Institute HS		<b>Departure Time:</b> 7:45 AM	NL
Apr 16, 2024	Tue	Regular Season	@ Burnt Hills- Ballston Lake HS	4:15 PM		BH-BL HS Track	Bus/Driver: First Student	<b>Departure Time:</b> 2:45 PM	L
Apr 20, 2024	Sat	Regular Season (Spring Track and Field Classic)	Burnt Hills- Ballston Lake HS, Troy, Colonie High School, Ballston Spa High School, Schenectady High School (Girls Varsity Track) @ Niskayuna High School	9:30 AM		High School	<b>Bus/Driver:</b> First Student	<b>Departure Time:</b> 8:00 AM	L
Apr 23, 2024	Tue	Regular Season	Schenectady High School (Girls Varsity Track) @ Ballston Spa High School	4:15 PM		Ballston Spa Track		<b>Departure Time:</b> 2:30 PM	L
Apr 30, 2024	Tue	Regular Season	@ Averill Park High School	4:15 PM		APHS Track		<b>Departure Time:</b> 2:45 PM	L
May 4, 2024	Sat	Meet (Colonie Relays at Schenectady)	Vs. Multiple	9:00 AM		TBD		<b>Departure Time:</b> 7:45 AM	NL
May 7, 2024	Tue	Regular Season	Columbia High School @ Troy	4:15 PM	6:55 PM	Track		<b>Departure Time:</b> 2:45 PM	L
May 10, 2024	Fri	Regular Season	Niskayuna High School, Burnt Hills-Ballston Lake HS, Troy, Ballston Spa High School, Bethlehem High School, Shaker High School, Schenectady High School (Girls Varsity Track) @ Shenendehowa High School	4:00 PM		Shen High School East Stadium (Track)		<b>Departure Time:</b> 2:45 PM	L

DATE	WEEK	TYPE	OPPONENTS	START TIME	END TIME	LOCATION DE	PARTURE TRANSPORTATION	LEAGUE / NON- LEAGUE
May 14, 2024	Tue	Regular Season (Suburban Council Girl's Championships)	Shenendehowa High School, Niskayuna High School, Averill Park High School, Burnt Hills-Ballston Lake HS, Schenectady High School (Girls Varsity Track), Shaker High School, Saratoga Springs High School, Colonie High School, Troy, Bethlehem High School, Columbia High School, Ballston Spa High School, Guilderland High School (Guilderland High School) (@TBD	4:15 PM	7:30 PM	APHS Track	<b>Departure Time:</b> 2:30 PM	L
May 18, 2024	Sat	Meet (Eddy Meet @ Schenectady High School)	Vs. Multiple	9:00 AM	5:00 PM	TBD	<b>Departure Time:</b> 7:30 AM	NL
May 22, 2024	Wed	Regular Season (Sectionals at Guilderland)	@ Guilderland High School	4:00 PM	5:00 PM	GHS Track	<b>Departure Time:</b> 2:30 PM	L
May 30, 2024	Thu	Regular Season (State Qualifier @ Guilderland)	@ Guilderland High School	4:00 PM	5:00 PM	GHS Track	<b>Departure Time:</b> 2:30 PM	L
May 31, 2024	Fri	Regular Season (State Qualifier @ Guilderland)	@ Guilderland High School	4:00 PM	5:00 PM	GHS Track	<b>Departure Time:</b> 2:30 PM	L
Jun 7, 2024	Fri	Regular Season (State Meet Day 1)		TBD		CNS HS- Bragman Stadium		NL
Jun 8, 2024	Sat	Regular Season (State Meet Day 2)		TBD		CNS HS- Bragman Stadium		NL

Date: 2024-04-10