

## Coaches:

- Michael Ware, Head Coach
- Michael Simpson, Asst Coach
- Joseph Burke

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON- LEAGUE
Sep 2, 2023	Sat	Regular Season (Week 0)	<ul> <li>Ø Saratoga</li> <li>Springs High</li> <li>School</li> </ul>	1:00 PM		SSHS Football Stadium		L
Sep 9, 2023	Sat	Regular Season	Schenectady High School		3:00 PM	Albany Turf Stadium Field		L
Sep 16, 2023	Sat	Regular Season	@ Amsterdam	1:30 PM	4:00 PM	Turf Field - Lynch Middle School		L
Sep 22, 2023	Fri	Regular Season	Ø South Glens Falls	7:00 PM		South Glens Falls HS		L
Sep 30, 2023	Sat	Regular Season	Mohonasen	2:00 PM	4:00 PM	Albany Turf Stadium Field		L
Oct 7, 2023	Sat	Regular Season 0-42 L	@ Burnt Hills-Ballston Lake HS	2:30 PM		BH-BL HS Centennial Field		L
Oct 14, 2023	Sat	Regular Season	Niskayuna High School	2:00 PM	4:00 PM	Albany Turf Stadium Field		L
Oct 21, 2023	Sat	Regular Season	Queensbury	1:00 PM	3:00 PM	Albany Turf Stadium Field		L
Oct 28, 2023	Sat	Regular Season (TBA Crossover)		1:00 PM	3:00 PM	Albany Turf Stadium Field		L
Nov 2, 2023	Thu	Regular Season	@ Guilderland High School	6:00 PM	8:30 PM	Guilderland High School Turf Field	Departure Time: 4:15 PM	NL
Nov 8, 2023	Wed	Practice (Turn on turf field lights for FB All Star practice)	N/A	5:00 PM	9:00 PM	Albany Turf Stadium Field		
Nov 9, 2023	Thu	Practice (Turn on turf field lights for FB All Star practice)	N/A	5:00 PM	9:00 PM	Albany Turf Stadium Field		
Nov 13, 2023	Mon	Practice (Turn on turf field lights for FB All Star practice)	N/A	5:00 PM	9:00 PM	Albany Turf Stadium Field		
Nov 14, 2023	Tue	Practice (Turn on turf field lights for FB All Star practice)	N/A	5:00 PM	9:00 PM	Albany Turf Stadium Field		
Nov 15, 2023	Wed	Practice (Turn on turf field lights for FB All Star practice)	N/A	5:00 PM	9:00 PM	Albany Turf Stadium Field		
Jan 20, 2024	Sat	Meet (7V7 Flag Football @ Affrims)	Vs. Multiple	9:20 PM	10:30 PM	Affrims Albany Shaker Road	Departure Time: 8:30 PM Return Date: Return Time: 10:30 PM	NL

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 27, 2024	Sat	Meet (7V7 Flag Football @ Affrims)	Vs. Multiple	9:20 PM	10:30 PM	Affrims Albany Shaker Road		Departure Date: Jan 27, 2024 Departure Time: 8:30 PM Return Date: Jan 27, 2024 Return Time: 10:30 PM	NL
Feb 3, 2024	Sat	Meet (7V7 Flag Football @ Affrims)	Vs. Multiple	9:20 PM	10:30 PM	Affrims Albany Shaker Road		Departure Date: Feb 3, 2024 Departure Time: 8:30 PM Return Date: Feb 3, 2024 Return Time: 10:30 PM	NL
Feb 10, 2024	Sat	Meet (7V7 Flag Football @ Affrims)	Vs. Multiple	8:00 PM	10:00 PM	Affrims Albany Shaker Road		Departure Time: 7:30 PM Return Date: Return Time: 10:00 PM	NL
Feb 17, 2024	Sat	Meet (7V7 Flag Football @ Affrims)	Vs. Multiple	8:30 PM	11:00 PM	Affrims Albany Shaker Road	Bus/Driver: First Student	Departure Time: 8:00 PM Return Date: Return Time: 11:00 PM	NL
Mar 2, 2024	Sat	Meet (7V7 Flag Football @ Affrims)	Vs. Multiple	8:00 PM	10:00 PM	Affrims Albany Shaker Road	Bus/Driver: First Student	Departure Date: Mar 2, 2024 Departure Time: 7:30 PM Return Date: Mar 2, 2024 Return Time: 10:00 PM	NL
Apr 14, 2024	Sun	Meet (7V7 Football @ Shaker)	Vs. Multiple	4:00 PM	5:20 PM	TBD	Bus/Driver: First Student	<b>Departure Time:</b> 3:00 PM	NL
Apr 21, 2024	Sun	Meet (7V7 Football @ Shaker)	Vs. Multiple	4:00 PM	5:20 PM	TBD	Bus/Driver: First Student	<b>Departure Time:</b> 3:00 PM	NL
Apr 28, 2024	Sun	Meet (7V7 Flag Football @ Lansingburgh)	Vs. Multiple	4:00 PM	5:20 PM	TBD	Bus/Driver: First Student	<b>Departure Time:</b> 2:45 PM	NL
May 5, 2024	Sun	Meet (7V7 Flag Football @ Lansingburgh)	Vs. Multiple	4:00 PM	5:20 PM	TBD	Bus/Driver: First Student	<b>Departure Time:</b> 2:45 PM	NL

Date: 2024-05-05