

Coaches:

- Michael Ware, Head Coach
- Michael Simpson, Asst Coach
- Joseph Burke
- Elliot Croskey

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|--|--------------------------------------|---------------|-------------|---|-----------------------------------|----------------------------|
| Sep 2, 2023 | Sat | Regular Season (Week 0) | @ Saratoga Springs High School | 1:00 PM | | SSHS Football Stadium | | L |
| Sep 9, 2023 | Sat | Regular Season | Schenectady High School | | 3:00 PM | Albany Turf Stadium Field | | L |
| Sep 16, 2023 | Sat | Regular Season | @ Amsterdam | 1:30 PM | 4:00 PM | Turf Field - Lynch Middle School | | L |
| Sep 22, 2023 | Fri | Regular Season | @ South Glens Falls | 7:00 PM | | South Glens Falls HS | | L |
| Sep 30, 2023 | Sat | Regular Season | Mohonasen | 2:00 PM | 4:00 PM | Albany Turf Stadium Field | | L |
| Oct 7, 2023 | Sat | Regular Season 0-42 L | @ Burnt Hills-Ballston Lake HS | 2:30 PM | | BH-BL HS Centennial Field | | L |
| Oct 14, 2023 | Sat | Regular Season | Niskayuna High School | 2:00 PM | 4:00 PM | Albany Turf Stadium Field | | L |
| Oct 21, 2023 | Sat | Regular Season | Queensbury | 1:00 PM | 3:00 PM | Albany Turf Stadium Field | | L |
| Oct 28, 2023 | Sat | Regular Season (TBA Crossover) | | 1:00 PM | 3:00 PM | Albany Turf Stadium Field | | L |
| Nov 2, 2023 | Thu | Regular Season | @ Guilderland High School | 6:00 PM | 8:30 PM | Guilderland High School Turf Field | Departure Time: 4:15 PM | NL |
| Nov 8, 2023 | Wed | Practice (Turn on turf field lights for FB All Star practice) | N/A | 5:00 PM | 9:00 PM | Albany Turf Stadium Field | | |
| Nov 9, 2023 | Thu | Practice (Turn on turf field lights for FB All Star practice) | N/A | 5:00 PM | 9:00 PM | Albany Turf Stadium Field | | |
| Nov 13, 2023 | Mon | Practice (Turn on turf field lights for FB All Star practice) | N/A | 5:00 PM | 9:00 PM | Albany Turf Stadium Field | | |
| Nov 14, 2023 | Tue | Practice (Turn on turf field lights for FB All Star practice) | N/A | 5:00 PM | 9:00 PM | Albany Turf Stadium Field | | |
| Nov 15, 2023 | Wed | Practice (Turn on turf field lights for FB All Star practice) | N/A | 5:00 PM | 9:00 PM | Albany Turf Stadium Field | | |

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|--------------|-------------|---|--------------|---------------|-------------|-------------------------------------|-------------------------------------|---|----------------------------|
| Jan 20, 2024 | Sat | Meet (7V7 Flag Football @ Affrims) | Vs. Multiple | 9:20 PM | 10:30 PM | Affrims Albany Shaker Road | | Departure Time: 8:30 PM Return Date: Return Time: 10:30 PM | NL |
| Jan 27, 2024 | Sat | Meet (7V7 Flag Football @ Affrims) | Vs. Multiple | 9:20 PM | 10:30 PM | Affrims Albany Shaker Road | | Departure Date: Jan 27, 2024 Departure Time: 8:30 PM Return Date: Jan 27, 2024 Return Time: 10:30 PM | NL |
| Feb 3, 2024 | Sat | Meet (7V7 Flag Football @ Affrims) | Vs. Multiple | 9:20 PM | 10:30 PM | Affrims Albany Shaker Road | | Departure Date: Feb 3, 2024 Departure Time: 8:30 PM Return Date: Feb 3, 2024 Return Time: 10:30 PM | NL |
| Feb 10, 2024 | Sat | Meet (7V7 Flag Football @ Affrims) | Vs. Multiple | 8:00 PM | 10:00 PM | Affrims Albany Shaker Road | | Departure Time: 7:30 PM Return Date: Return Time: 10:00 PM | NL |
| Feb 17, 2024 | Sat | Meet (7V7 Flag Football @ Affrims) | Vs. Multiple | 8:30 PM | 11:00 PM | Affrims Albany Shaker Road | Bus/Driver: First Student | Departure Time: 8:00 PM Return Date: Return Time: 11:00 PM | NL |
| Mar 2, 2024 | Sat | Meet (7V7 Flag Football @ Affrims) | Vs. Multiple | 8:00 PM | 10:00 PM | Affrims Albany Shaker Road | Bus/Driver: First Student | Departure Date: Mar 2, 2024 Departure Time: 7:30 PM Return Date: Mar 2, 2024 Return Time: 10:00 PM | NL |
| Apr 14, 2024 | Sun | Meet (7V7 Football @ Shaker) | Vs. Multiple | 4:00 PM | 5:20 PM | TBD | Bus/Driver: First Student | Departure Time: 3:00 PM | NL |
| Apr 21, 2024 | Sun | Meet (7V7 Football @ Shaker) | Vs. Multiple | 4:00 PM | 5:20 PM | TBD | Bus/Driver: First Student | Departure Time: 3:00 PM | NL |
| Apr 28, 2024 | Sun | Meet (7V7 Flag Football @ Lansingburgh) | Vs. Multiple | 4:00 PM | 5:20 PM | TBD | Bus/Driver: First Student | Departure Time: 2:45 PM | NL |
| May 5, 2024 | Sun | Meet (7V7 Flag Football @ Lansingburgh) | Vs. Multiple | 4:00 PM | 5:20 PM | TBD | Bus/Driver: First Student | Departure Time: 2:45 PM | NL |
| Jun 2, 2024 | Sun | Meet (7V7 Flag Football @ Lansingburgh) | Vs. Multiple | 9:00 AM | 2:00 PM | TBD | | | NL |

Date: 2024-05-18