Albany High School
(B) V Cross Country

Coaches:

- Dan Wehle

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 2, 2023	Sat	Regular Season (Ekiden)	Schenectady High School, Schuylerville, Shaker High School, Shenendehowa High School, Queensbury, Troy @ Niskayuna High School	9:00 AM		Iroquois Middle School		NL
Sep 5, 2023	Tue	Regular Season	Colonie High School, Troy @ Bethlehem High School	4:15 PM	5:55 PM	Elm Avenue Park		L
Sep 12, 2023	Tue	Regular Season	Niskayuna High School, Ballston Spa High School, Christian Brothers Academy, Albany	4:15 PM	5:55 PM	Capital Hills Golf Course		L
Sep 16, 2023	Sat	Regular Season (BP Cross Country Invitational)	Mayfield, Johnstown, South Glens Falls, Granville (Granville-Whitehall-Hartford), Gloversville @ Broadalbin-Perth	9:00 AM		BPHS Cross Country Trail		NL
Sep 19, 2023	Tue	Regular Season	Burnt Hills-Ballston Lake HS, Columbia High School @ Shaker High School	4:15 PM	5:55 PM	Colonie Town Park		L
Sep 23, 2023	Sat	Regular Season (Cross Country Invy)	Colonie High School, Amsterdam, Schenectady High School, Schuylerville, Rensselaer, Monroe-Woodbury, Adirondack, Bethlehem High School, Saratoga Springs High School, Ballston Spa High School, Minisink Valley, Hadley-Luzerne (Corinth/Hadley Luzerne), Shaker High School, Glens Falls, Chittenango, Greenville, Shenendehowa High School, Troy, Maple Hill, Scotia-Glenville @ Queensbury	9:00 AM		Queensbury HS, Trails @ Elem. School		NL
Oct 3, 2023	Tue	Regular Season	Averill Park High School, Schenectady High School	4:15 PM	5:55 PM	Capital Hills Golf Course		L
Oct 7, 2023	Sat	Regular Season (Grout Run Invitational)	Amsterdam, Ballston Spa High School, Shaker High School @ Schenectady High School	9:00 AM	4:00 PM	Central Park		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 10, 2023	Tue	Regular Season	Shenendehowa High School, Saratoga Springs High School @ Guilderland High School	4:15 PM	5:55 PM	Tawasentha Park		L
Oct 14, 2023	Sat	Regular Season (Burnt Hills Invy)	Colonie High School, Granville (Granville-Whitehall-Hartford), Schuylerville, Johnstown, Edmeston (Edmeston/Morris), Jamesville-Dewitt, Shaker High School, Ballston Spa High School, Shenendehowa High School, Troy, Greenville, Queensbury, Scotia-Glenville, Glens Falls @ Burnt Hills-Ballston Lake HS	9:00 AM		Saratoga Spa State Park		NL
Oct 20, 2023	Fri	Regular Season (Albany County Championships @ New Scotland Park)	TBD @ TBD	3:40 PM		TBD	**Departure Time:** 2:00 PM	NL
Oct 28, 2023	Sat	Meet (SSC Championships)	Vs. Multiple	1:00 PM	3:55 PM	Saratoga Spa State Park	**Departure Time:** 12:00 PM	NL
Nov 4, 2023	Sat	Post-Season (Section 2 Varsity Cross Country Championships @ Queensbury)	@ TBD	1:30 PM	3:15 PM	TBD	**Departure Time:** 11:00 AM	NL

Date: 2024-10-12