



# Albany High School

## (B) V Cross Country

### Coaches:

- Dan Wehle
- Evin Guinan

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 1, 2018	Sat	Regular Season (Ekiden )	@ Niskayuna High School	9:00 AM		Iroquois Middle School	Bus/Driver: First Student	<b>Departure Point:</b> AHS Washington Ave Parking Lot <b>Departure Time:</b> 8:30 AM <b>Return Date:</b> <b>Return Time:</b> 12:30 PM	L
Sep 4, 2018	Tue	Regular Season (Meet is at Schodack Island State Park)	Burnt Hills-Ballston Lake HS, Averill Park High School @ Troy	4:15 PM		Schodack Island State Park	Bus/Driver: First Student	<b>Departure Point:</b> AHS Washington Ave Parking Lot <b>Departure Time:</b> 3:00 PM	L
Sep 8, 2018	Sat	Regular Season (Blackbird Invitational- @ Wallace Park- Depart AHS at 7:30 going to Wallace Park (Town of New Scotland) 148 Swift Road, Voorheesville.)	@ Voorheesville	9:00 AM		TBD	Bus/Driver: First Student	<b>Departure Point:</b> AHS Washington Ave Parking Lot	NL
Sep 11, 2018	Tue	Regular Season	Shaker High School, Columbia High School @ Saratoga Springs High School	4:15 PM		Saratoga Spa State Park	Bus/Driver: First Student	<b>Departure Point:</b> AHS Washington Ave Parking Lot <b>Departure Time:</b> 2:45 PM	L
Sep 25, 2018	Tue	Regular Season	Christian Brothers Academy, Albany, Schenectady High School @ Colonie High School	4:15 PM		The Crossings of Colonie	Bus/Driver: First Student	<b>Departure Point:</b> AHS Washington Ave Parking Lot <b>Departure Time:</b> 3:00 PM	L
Sep 29, 2018	Sat	Regular Season (Invy is at Moreau Recreational Park)	@ South Glens Falls	9:00 AM		TBD	Bus/Driver: First Student	<b>Departure Point:</b> AHS Washington Ave Parking Lot <b>Departure Time:</b> 7:00 AM	NL
Oct 3, 2018	Wed	Regular Season	Bethlehem High School, Niskayuna High School	4:15 PM		Capital Hills Golf Course	Bus/Driver: First Student	<b>Departure Point:</b> AHS Washington Ave Parking Lot <b>Departure Time:</b> 3:00 PM	L
Oct 6, 2018	Sat	Regular Season (Grout Invy- @ Schenectady's Central Park)	@ Schenectady High School	9:00 AM		TBD	Bus/Driver: First Student	<b>Departure Point:</b> AHS Washington Ave Parking Lot <b>Departure Time:</b> 7:30 AM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 9, 2018	Tue	Regular Season	Ballston Spa High School, Guilderland High School @ Shenendehowa High School	4:15 PM		Saratoga Spa State Park	<b>Bus/Driver:</b> First Student <b>Class Dismissal:</b> 2:35 PM	<b>Departure Point:</b> AHS Washington Ave Parking Lot <b>Departure Time:</b> 2:45 PM	L
Oct 13, 2018	Sat	Regular Season	@ Burnt Hills-Ballston Lake HS	9:00 AM		Saratoga Spa State Park	<b>Bus/Driver:</b> First Student	<b>Departure Point:</b> AHS Washington Ave Parking Lot <b>Departure Time:</b> 7:30 AM	NL
Oct 19, 2018	Fri	Regular Season (Albany Kiwanis Meet)	@ Colonie High School	3:45 PM		Colonie Town Park	<b>Bus/Driver:</b> First Student <b>Class Dismissal:</b> 2:35 PM	<b>Departure Point:</b> AHS Washington Ave Parking Lot <b>Departure Time:</b> 2:45 PM	L
Oct 19, 2018	Fri	Regular Season (Albany County Invitational)	@ Christian Brothers Academy, Albany	4:15 PM		Colonie Town Park	<b>Bus/Driver:</b> First Student	<b>Departure Point:</b> AHS Washington Ave Parking Lot <b>Departure Time:</b> 3:00 PM	L
POSTPONED Oct 27, 2018	Sat	Meet (SSC Championships)	Vs. Multiple	1:30 PM		Saratoga Spa State Park	<b>Bus/Driver:</b> First Student	<b>Departure Point:</b> AHS Washington Ave Parking Lot <b>Departure Time:</b> 11:30 AM	NL

Date: 2026-01-22