



Albany High School

(G) V Cross Country

Coaches:

- Amanda Davey

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 7, 2024	Sat	Meet (Blackbird Invitational)	Vs. Multiple	9:00 AM		Wallace Park- New Scotland	Bus/Driver: First Student	Departure Time: 7:30 AM Return Date: Return Time: 2:00 PM	NL
Sep 9, 2024	Mon	Practice (Cross Country Practice @ Pine Bush Preserve)	N/A	3:30 PM	5:15 PM	TBD		Departure Time: 3:30 PM Return Date: Return Time: 5:15 PM	
Sep 10, 2024	Tue	Regular Season	Bethlehem High School @ Colonie High School	4:15 PM	5:55 PM	Colonie Town Park	Bus/Driver: First Student	Departure Time: 2:45 PM Return Date: Return Time: 6:00 PM	L
Sep 14, 2024	Sat	Meet (Queensbury Invitational)	Vs. Multiple	9:00 AM		Queensbury Union Free School District Campus	Bus/Driver: First student	Departure Time: 7:00 AM Return Date: Return Time: 2:00 PM	NL
Sep 16, 2024	Mon	Practice (Cross Country Practice @ Pine Bush Preserve)	N/A	3:30 PM	5:15 PM	TBD		Departure Time: 3:30 PM Return Date: Return Time: 5:15 PM	
Sep 17, 2024	Tue	Regular Season	Niskayuna High School @ Ballston Spa High School	4:15 PM	5:55 PM	Saratoga State Park	Bus/Driver: First Student	Departure Time: 2:15 PM Return Date: Return Time: 6:00 PM	L
Sep 21, 2024	Sat	Regular Season (Broadalbin-Perth Cross Country Invitational)	Cobleskill-Richmondville, Gloversville, Johnstown, Mayfield, Schuylerville, Scotia-Glenville, South Glens Falls, Troy, Taconic Hills, Cohoes, Granville (Granville-Whitehall-Hartford) @ Broadalbin-Perth	9:00 AM	1:00 PM	BPHS Cross Country Trail	Bus/Driver: First Student	Return Date: Return Time: 1:00 PM	NL
Sep 21, 2024	Sat	Meet (Broadalbin-Perth Invitational)	Vs. Multiple	9:00 AM		TBD		Departure Time: 7:00 AM Return Date: Return Time: 1:00 PM	NL
Sep 23, 2024	Mon	Practice (Cross Country Practice @ Capitol Hills)	N/A	3:30 PM	5:15 PM	TBD		Departure Time: 3:30 PM Return Date: Return Time: 5:15 PM	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 24, 2024	Tue	Regular Season	Burnt Hills-Ballston Lake HS, Shaker High School, Columbia High School	4:15 PM	5:55 PM	Capital Hills Golf Course		Departure Time: 2:00 PM	L
Sep 30, 2024	Mon	Practice (Cross Country Practice @ Pine Bush Preserve)	N/A	3:30 PM	5:15 PM	TBD		Departure Time: 3:30 PM Return Date: Return Time: 5:15 PM	
Oct 1, 2024	Tue	Regular Season	Schenectady High School @ Averill Park High School	4:15 PM	5:55 PM	Schodack Island State Park	Bus/Driver: First Student	Departure Time: 2:30 PM Return Date: Return Time: 6:00 PM	L
Oct 5, 2024	Sat	Meet (Grout Invitational)	Vs. Multiple	9:00 AM		TBD		Departure Time: 7:00 AM Return Date: Return Time: 12:00 PM	NL
Oct 7, 2024	Mon	Practice (Cross Country Practice @ Pine Bush Preserve)	N/A	3:30 PM	5:15 PM	TBD		Departure Time: 3:30 PM Return Date: Return Time: 5:15 PM	
Oct 8, 2024	Tue	Regular Season	Shenendehowa High School, Guilderland High School @ Saratoga Springs High School	4:15 PM	5:55 PM	Saratoga Spa State Park	Bus/Driver: First Student	Departure Time: 2:15 PM Return Date: Return Time: 6:00 AM	L
Oct 11, 2024	Fri	Meet (Kiwanis Glover Invitational)	Vs. Multiple	4:00 PM		Maple Hill XC Invitational		Departure Time: 2:00 PM Return Date: Return Time: 5:45 PM	NL
Oct 18, 2024	Fri	Meet (Albany County Kiwanis XC Championship @ Colonie Town Park)	Vs. Multiple	3:40 PM	5:45 PM	Colonie Town Park		Departure Time: 2:30 PM Return Date: Return Time: 5:45 PM	NL
Oct 21, 2024	Mon	Practice (Cross Country Practice @ Pine Bush Preserve)	N/A	3:30 PM	5:15 PM	TBD		Departure Time: 3:30 PM Return Date: Return Time: 5:15 PM	
Oct 26, 2024	Sat	Meet (SSC Championships)	Vs. Multiple	12:30 PM		Saratoga Spa State Park	Bus/Driver: First student	Departure Time: 9:30 PM Return Date: Return Time: 2:45 PM	NL
Oct 28, 2024	Mon	Practice (Cross Country Practice @ Pine Bush Preserve)	N/A	3:30 PM	5:15 PM	TBD		Departure Time: 3:30 PM Return Date: Return Time: 5:15 PM	
Nov 9, 2024	Sat	Regular Season (Sectionals at Queensbury)	@ TBD	1:00 PM		TBD	Bus/Driver: First Student	Departure Time: 9:00 AM Return Date: Return Time: 2:00 PM	L

