



Albany High School

(G) V Cross Country

Coaches:

- Dan Wehle, Head Coach
- Amanda Davey

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 2, 2023	Sat	Regular Season (Ekiden)	Schenectady High School, Schuylerville, Shaker High School, Colonie High School, Queensbury, Shenendehowa High School @ Niskayuna High School	9:00 AM		Iroquois Middle School		NL
Sep 5, 2023	Tue	Regular Season	Colonie High School, Troy @ Bethlehem High School	4:15 PM	5:55 PM	Elm Avenue Park		L
Sep 12, 2023	Tue	Regular Season	Niskayuna High School, Ballston Spa High School	4:15 PM	5:55 PM	Capital Hills Golf Course		L
Sep 16, 2023	Sat	Regular Season (BP Cross Country Invitational)	Mayfield, Johnstown, South Glens Falls, Granville (Granville-Whitehall), Gloversville @ Broadalbin-Perth	9:00 AM		BPHS Cross Country Trail		NL
Sep 19, 2023	Tue	Regular Season	Burnt Hills-Ballston Lake HS, Columbia High School @ Shaker High School	4:15 PM	5:55 PM	Colonie Town Park		L
Sep 23, 2023	Sat	Regular Season (Queensbury invitational)	Amsterdam, Schenectady High School, Schuylerville, Hadley-Luzerne (Corinth/Hadley Luzerne), Glens Falls, Shaker High School, Greenville, Ballston Spa High School, Chittenango, Shenendehowa High School, Maple Hill, Troy, Scotia-Glenville @ Queensbury	9:00 AM		Queensbury HS, Trails @ Elem. School		L
Oct 3, 2023	Tue	Regular Season	Averill Park High School, Schenectady High School	4:15 PM	5:55 PM	Capital Hills Golf Course		L
Oct 7, 2023	Sat	Regular Season (Grout Run Invitational)	Amsterdam, Shaker High School, Colonie High School @ Schenectady High School	9:00 AM	4:00 PM	Central Park		L
Oct 10, 2023	Tue	Regular Season	Shenendehowa High School, Saratoga Springs High School @ Guilderland High School	4:15 PM	5:55 PM	Tawasentha Park		L

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Oct 14, 2023	Sat	Regular Season (Burnt Hills Invitational)	Jamesville-Dewitt, Schuylerville, Granville (Granville-Whitehall), Johnstown, Edmeston (Edmeston/Morris), Shaker High School, Ballston Spa High School, Colonie High School, Shenendehowa High School, Scotia-Glenville, Greenville, Queensbury, Troy, Glens Falls @ Burnt Hills-Ballston Lake HS	8:00 AM		Saratoga Spa State Park		NL
Oct 20, 2023	Fri	Regular Season (Albany County Championships @ New Scotland Park)	TBD @ TBD	3:40 PM		TBD	Departure Time: 2:00 PM	NL
Oct 28, 2023	Sat	Meet (SSC Championships)	Vs. Multiple	1:00 PM	3:55 PM	Saratoga Spa State Park	Departure Time: 12:00 PM	NL
Nov 4, 2023	Sat	Post-Season (Section 2 Varsity Cross Country Championships @ Queensbury)	@ TBD	2:30 PM	3:15 PM	TBD	Departure Time: 11:00 AM	NL

Date: 2024-04-23