



Albany High School

(B) V Bowling

Coaches:

- Alicia Arasim, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 17, 2025	Mon	Practice (Bowling Practice at Del Lanes)	N/A	4:00 PM	5:00 PM	Del Lanes		Departure Time: 3:30 PM Return Date: Return Time: 5:00 PM	
Nov 18, 2025	Tue	Practice (Bowling Practice at Del Lanes)	N/A	4:00 PM	5:00 PM	Del Lanes		Departure Time: 3:30 PM Return Date: Return Time: 5:00 PM	
Nov 19, 2025	Wed	Practice (Bowling Practice at Del Lanes)	N/A	4:00 PM	5:00 PM	Del Lanes		Departure Time: 3:30 PM Return Date: Return Time: 5:00 PM	
Nov 20, 2025	Thu	Practice (Bowling Practice at Del Lanes)	N/A	4:00 PM	5:00 PM	Del Lanes		Departure Time: 3:30 PM Return Date: Return Time: 5:00 PM	
Nov 21, 2025	Fri	Practice (Bowling Practice at Del Lanes)	N/A	4:00 PM	5:00 PM	Del Lanes		Departure Time: 3:30 PM Return Date: Return Time: 5:00 PM	
POSTPONED Dec 2, 2025	Tue	Regular Season	@ Burnt Hills-Ballston Lake HS	4:00 PM	5:55 PM	Boulevard Bowl	Bus/Driver: First Student	Departure Time: 2:15 PM Return Date: Return Time: 5:55 PM	L
Dec 4, 2025	Thu	Regular Season	@ Averill Park High School	4:00 PM	5:55 PM	East Greenbush Bowling Center	Bus/Driver: First Student	Departure Time: 2:15 PM Return Date: Return Time: 5:55 PM	L
Dec 9, 2025	Tue	Regular Season	Guilderland High School	4:00 PM	5:55 PM	Del Lanes		Departure Time: 3:15 PM Return Date: Return Time: 5:30 PM	L
Dec 11, 2025	Thu	Regular Season	Niskayuna High School	4:00 PM	5:55 PM	Del Lanes		Departure Time: 3:15 PM Return Date: Return Time: 5:30 PM	L
Dec 16, 2025	Tue	Regular Season	@ Ballston Spa High School	4:00 PM	5:55 PM	Saratoga Strike Zone		Departure Time: 2:15 PM Return Date: Return Time: 5:55 PM	L
Dec 18, 2025	Thu	Regular Season	Shaker High School	4:00 PM	5:55 PM	Del Lanes		Departure Time: 3:15 PM	L
Jan 6, 2026	Tue	Regular Season	@ Bethlehem High School	4:00 PM	5:55 PM	Del Lanes		Departure Time: 2:15 PM Return Date: Return Time: 5:55 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 8, 2026	Thu	Regular Season	@ Shenendehowa High School	4:00 PM	5:55 PM	Spare Time Park Clifton Park	Departure Time: 2:15 PM Return Date: Return Time: 5:55 PM		L
Jan 13, 2026	Tue	Regular Season	Saratoga Springs High School	4:00 PM	5:55 PM	Del Lanes	Departure Time: 3:15 PM		L
Jan 15, 2026	Thu	Regular Season	@ Columbia High School	4:00 PM	5:55 PM	East Greenbush Bowling Center	Departure Time: 2:15 PM Return Date: Return Time: 5:55 PM		L
Jan 22, 2026	Thu	Regular Season	@ Colonie High School	4:00 PM	5:55 PM	KingPin's Alley Latham	Departure Time: 2:15 PM Return Date: Return Time: 5:55 PM		L
Jan 27, 2026	Tue	Regular Season	Schenectady High School (Boys Varsity Bowling)	4:00 PM	5:55 PM	Del Lanes	Departure Time: 3:15 PM		L
Jan 29, 2026	Thu	Regular Season	Christian Brothers Academy, Albany	4:00 PM	5:55 PM	Del Lanes	Departure Time: 3:15 PM		L
Feb 4, 2026	Wed	Meet (SSC Championships)	Vs. Multiple	3:30 PM	6:55 PM	Boulevard Bowl	Departure Time: 2:15 PM Return Date: Return Time: 5:55 PM		NL

Date: 2025-12-05