



# Albany High School

## (B) V Bowling

### Coaches:

- Alicia Arasim, Head Coach

| DATE         | WEEK DAY | TYPE                       | OPPONENTS  | START TIME | END TIME | LOCATION                      | DEPARTURE                      | TRANSPORTATION   | LEAGUE / NON-LEAGUE |
|--------------|----------|----------------------------|--|------------|----------|-------------------------------|--------------------------------|--|---------------------|
| Nov 13, 2023 | Mon      | Practice (Bowling Tryouts) | N/A  | 4:00 PM    | 5:15 PM  | Del Lanes                     |                                | <b>Departure Time:</b> 3:45 PM<br><b>Return Date:</b><br><b>Return Time:</b> 5:15 PM |                     |
| Nov 14, 2023 | Tue      | Practice (Bowling Tryouts) | N/A  | 4:00 PM    | 5:15 PM  | Del Lanes                     |                                | <b>Departure Time:</b> 3:45 PM<br><b>Return Date:</b><br><b>Return Time:</b> 5:15 PM |                     |
| Nov 15, 2023 | Wed      | Practice (Bowling Tryouts) | N/A  | 4:00 PM    | 5:15 PM  | Del Lanes                     |                                | <b>Departure Time:</b> 3:45 PM<br><b>Return Date:</b><br><b>Return Time:</b> 5:15 PM |                     |
| Nov 30, 2023 | Thu      | Regular Season 11-21 L     | Niskayuna High School                            | 4:30 PM    | 6:00 PM  | Del Lanes                     | <b>Bus/Driver:</b> Tech Valley | <b>Departure Time:</b> 3:15 PM   | L                   |
| Dec 5, 2023  | Tue      | Regular Season 9-23 L      | Guilderland High School                          | 4:30 PM    | 6:00 PM  | Del Lanes                     |                                | <b>Departure Time:</b> 3:15 PM   | L                   |
| Dec 12, 2023 | Tue      | Regular Season 16-16 T     | @ Bethlehem High School                          | 4:30 PM    | 6:00 PM  | TBD                           | <b>Bus/Driver:</b> Tech Valley | <b>Departure Time:</b> 3:15 PM   | L                   |
| Dec 14, 2023 | Thu      | Regular Season 7-25 L      | @ Shaker High School                             | 4:30 PM    | 6:00 PM  | Kingpin's Alley               | <b>Bus/Driver:</b> Tech Valley | <b>Departure Time:</b> 2:45 PM   | L                   |
| Dec 18, 2023 | Mon      | Regular Season 12-20 L     | @ Averill Park High School                       | 4:15 PM    | 6:00 PM  | East Greenbush Bowling Center | <b>Bus/Driver:</b> Tech Valley | <b>Departure Time:</b> 3:00 PM   | L                   |
| Dec 19, 2023 | Tue      | Regular Season 5-26 L      | Saratoga Springs High School                     | 4:30 PM    | 6:00 PM  | Del Lanes                     | <b>Bus/Driver:</b> Tech Valley | <b>Departure Time:</b> 3:15 PM   | L                   |
| Dec 21, 2023 | Thu      | Regular Season 7-25 L      | Troy   | 4:30 PM    | 6:00 PM  | Del Lanes                     | <b>Bus/Driver:</b> Tech Valley | <b>Departure Time:</b> 3:15 PM   | L                   |
| Jan 9, 2024  | Tue      | Regular Season 7-25 L      | @ Colonie High School                            | 4:30 PM    | 6:00 PM  | KingPin's Alley Latham        | <b>Bus/Driver:</b> Tech Valley | <b>Departure Time:</b> 3:15 PM   | L                   |
| Jan 11, 2024 | Thu      | Regular Season 11-21 L     | Christian Brothers Academy, Albany               | 4:30 PM    | 6:00 PM  | Del Lanes                     | <b>Bus/Driver:</b> Tech Valley | <b>Departure Time:</b> 3:15 PM   | L                   |
| Jan 17, 2024 | Wed      | Regular Season             | @ Schenectady High School (Boys Varsity Bowling) | 4:30 PM    | 6:00 PM  | Boulevard Bowl                | <b>Bus/Driver:</b> Tech Valley | <b>Departure Time:</b> 3:15 PM   | L                   |
| Jan 18, 2024 | Thu      | Regular Season 22-9 W      | Burnt Hills-Ballston Lake HS                     | 4:30 PM    | 6:00 PM  | Del Lanes                     | <b>Bus/Driver:</b> Tech Valley | <b>Departure Time:</b> 3:00 PM   | L                   |
| Jan 23, 2024 | Tue      | Regular Season             | @ Shenendehowa High School                       | 4:30 PM    | 6:00 PM  | Spare Time Park Clifton Park  | <b>Bus/Driver:</b> Tech Valley | <b>Departure Time:</b> 3:15 PM   | L                   |
| Jan 30, 2024 | Tue      | Regular Season 10-21 L     | Columbia High School                             | 4:30 PM    | 6:00 PM  | Del Lanes                     | <b>Bus/Driver:</b> Tech Valley | <b>Departure Time:</b> 3:00 PM   | L                   |
| Jan 31, 2024 | Wed      | Regular Season             | Shaker High School                               | 4:15 PM    |          | Del Lanes                     | <b>Bus/Driver:</b> Tech Valley | <b>Departure Time:</b> 3:15 PM   | L                   |

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|-------------|----------|---|--|------------|----------|----------------------|--------------------------------|--------------------------------|---------------------|
| Feb 6, 2024 | Tue      | Regular Season  | @ Ballston Spa High School   | 4:30 PM    | 6:00 PM  | Saratoga Strike Zone | <b>Bus/Driver:</b> Tech Valley | <b>Departure Time:</b> 2:30 PM | L                   |
| Feb 7, 2024 | Wed      | Regular Season (Suburban Council boy's Championships) | Averill Park High School, Ballston Spa High School, Bethlehem High School, Christian Brothers Academy, Albany, Colonie High School, Columbia High School, Niskayuna High School,         | 3:00 PM    |          | Boulevard Bowl       | <b>Bus/Driver:</b> Tech Valley | <b>Departure Time:</b> 1:15 PM | L                   |
|             |          |   | Guilderland High School, Shenendehowa High School, Shaker High School, Saratoga Springs High School, Schenectady High School (Boys Varsity Bowling), Troy @ Burnt Hills-Ballston Lake HS |            |          |                      |                                |                                |                     |
| Feb 9, 2024 | Fri      | Post-Season (Sectionals)                              | @ TBD  | 9:00 AM    |          | Boulevard Bowl       |                                | <b>Departure Time:</b> 7:30 AM | L                   |

Date: 2024-04-11