

## Coaches:

• Brian Lewis, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 13, 2023	Mon	Practice	N/A	3:45 PM	5:45 PM	TBD			
Nov 14, 2023	Tue	Practice	N/A	3:45 PM	5:45 PM	TBD			
Nov 15, 2023	Wed	Practice	N/A	3:45 PM	5:45 PM	TBD			
Nov 16, 2023	Thu	Practice	N/A	3:45 PM	5:45 PM	TBD			
Nov 17, 2023	Fri	Practice	N/A	3:45 PM	5:45 PM	TBD			
Nov 20, 2023	Mon	Practice	N/A	3:45 PM	5:45 PM	TBD			
Nov 21, 2023	Tue	Practice	N/A	3:45 PM	5:45 PM	TBD			
Nov 22, 2023	Wed	Practice	N/A	3:45 PM	5:45 PM	TBD			
Nov 23, 2023	Thu	Practice	N/A	3:45 PM	5:45 PM	TBD			
Nov 24, 2023	Fri	Practice	N/A	3:45 PM	5:45 PM	TBD			
Dec 5, 2023	Tue		@ Guilderland High School	4:00 PM	5:30 PM	Guilderland High School West (Big) Gym		<b>Departure Time:</b> 2:30 PM	L
Dec 8, 2023	Fri		Bethlehem High School	4:15 PM	5:30 PM	Albany High School Gym A			L
Dec 12, 2023	Tue	Regular Season	Shaker High School	4:15 PM	5:30 PM	Albany High School Gym A			L
Dec 15, 2023	Fri	Regular Season	@ Saratoga Springs High School	4:15 PM	5:30 PM	Saratoga Springs High School	Bus/Driver: Yankee Trails	<b>Departure Time:</b> 1:50 PM	L
Dec 19, 2023	Tue		@ Niskayuna High School	4:15 PM	5:30 PM	High School	Bus/Driver: Yankee Trails Erin Shaw 518-286- 2400 ext. 218	<b>Departure Time:</b> 2:30 PM	L
Jan 5, 2024	Fri	Regular Season	@ Shaker High School	4:15 PM		Shaker Middle School- new gym	Bus/Driver: Yankee Trails Erin Shaw 518-286- 2400 ext. 218	<b>Departure Time:</b> 2:30 PM	L
Jan 9, 2024	Tue	Regular Season	Colonie High School	4:15 PM	5:30 PM	Albany High School Gym A			L
POSTPONED Jan 16, 2024	Tue		@ Ballston Spa High School	4:15 PM	5:45 PM	Middle School Gym	Bus/Driver: Premiere Transportation 518-459-6123	<b>Departure Time:</b> 1:50 PM	L
Jan 26, 2024	Fri		@ Columbia High School	4:00 PM	5:30 PM	Columbia H.S.	Bus/Driver: Premiere Transportation	Departure Time: 2:30 PM	L
Feb 2, 2024	Fri	Regular Season 14-46 L	Ballston Spa High School	4:15 PM	5:30 PM	Albany High School Gym A			L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Feb 6, 2024	Tue		Shenendehowa High School	4:15 PM	5:30 PM	Albany High School Gym A			L
Feb 9, 2024	Fri		@ Niskayuna High School	4:15 PM	5:30 PM	High School	Bus/Driver: Premiere Transportation	<b>Departure Time:</b> 2:30 PM	L
Feb 14, 2024	Wed		@ Colonie High School	4:15 PM		Sand Creek Middle School	Bus/Driver: Premiere Transportation	<b>Departure Time:</b> 2:30 PM	L
Feb 16, 2024	Fri	Regular Season	@ Shenendehowa High School	4:15 PM	5:30 PM	Shen High School East Gym 1 (Main)	Bus/Driver: Premiere Transportation	<b>Departure Time:</b> 2:30 PM	L

Date: 2024-04-23