



Hamilton

(G) MOD7/8/9 Cross Country

Coaches:

- Jeremy West

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 26, 2025	Tue	Practice	N/A	8:00 AM	9:30 AM	TBD			
Aug 27, 2025	Wed	Practice	N/A	8:00 AM	9:30 AM	TBD			
Aug 28, 2025	Thu	Practice	N/A	8:00 AM	9:30 AM	TBD			
Sep 2, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	TBD			
Sep 3, 2025	Wed	Practice	N/A	3:00 PM	4:30 PM	TBD			
Sep 4, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	TBD			
Sep 5, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	TBD			
Sep 8, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	TBD			
Sep 9, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	TBD			
Sep 10, 2025	Wed	Regular Season	Sherburne-Earlville, Canastota, Poland, Adirondack	4:30 PM		Colgate Cross Country trails			L
Sep 11, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	TBD			
Sep 12, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	TBD			
Sep 15, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	TBD			
Sep 16, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	TBD			
Sep 17, 2025	Wed	Regular Season	Sherburne-Earlville, Clinton, Westmoreland @ Cooperstown (Modified)	4:30 PM		Clarks Tower	Class Dismissal: 2:20 PM	Departure Time: 2:30 PM	L
Sep 18, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	TBD			
Sep 19, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	TBD			
Sep 22, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	TBD			
Sep 23, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	TBD			
Sep 24, 2025	Wed	Practice	N/A	3:00 PM	4:30 PM	TBD			
Sep 25, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	TBD			
Sep 26, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	TBD			
Sep 29, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	TBD			
Sep 30, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	TBD			

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 1, 2025	Wed	Regular Season	West Canada Valley, Sherburne-Earlville, Waterville, Town of Webb UFSD @ Remsen	4:30 PM		Remsen Jr/Sr H.S.	Departure Time: 3:30 PM		L
Oct 2, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	TBD			
Oct 3, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	TBD			
Oct 6, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	TBD			
Oct 7, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	TBD			
Oct 8, 2025	Wed	Regular Season	Little Falls, Herkimer, Dolgeville @ Sherburne-Earlville	4:30 PM		Sherburne-Earlville HS	Departure Time: 3:30 PM		L
Oct 9, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	TBD			
Oct 10, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	TBD			
Oct 13, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	TBD			
Oct 14, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	TBD			
Oct 15, 2025	Wed	Regular Season	Sherburne-Earlville, New York Mills, Mount Markham, Owen D. Young (Richfield/ODY) @ Sauquoit Valley	4:30 PM		Town Park	Departure Time: 3:00 PM		L
Oct 16, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	TBD			
Oct 17, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	TBD			
Oct 20, 2025	Mon	Practice	N/A	3:00 PM	4:30 PM	TBD			
Oct 21, 2025	Tue	Practice	N/A	3:00 PM	4:30 PM	TBD			
Oct 22, 2025	Wed	Practice	N/A	3:00 PM	4:30 PM	TBD			
Oct 23, 2025	Thu	Practice	N/A	3:00 PM	4:30 PM	TBD			
Oct 24, 2025	Fri	Practice	N/A	3:00 PM	4:30 PM	TBD			
Oct 25, 2025	Sat	Regular Season (CSC League Meet)	Clinton, Sherburne-Earlville, New York Mills, Mount Markham, Owen D. Young (Richfield/ODY), Little Falls, Cooperstown (Modified), Poland, Remsen, Dolgeville, West Canada Valley, Adirondack, Westmoreland, Waterville, Canastota, Herkimer, Town of Webb UFSD @ Sauquoit Valley	10:00 AM		Town Park	Departure Time: 9:00 AM		L

